



The Addictions Newsletter

The American Psychological Association, Division 50

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President's Column

Where do we come from? What are we? Where are we going?

Frederick Rotgers

As I write my first piece for *TAN* as President, I am reminded of the famous painting by Paul Gauguin whose title serves as my title. In the spirit of Gauguin's questions (although certainly not as artistically fine as his work!), I want to write about several issues that I believe we as a Division of the APA need to address over the coming year and beyond. These include the questions of how we can thrive and grow as a Division, how we define ourselves, and what sorts of activities and services will make the Division most attractive and valuable, not only to our current members, but to non-members who may be thinking of joining us.

Where do we come from?

First, I want to address where we have come from over the past year. Many thanks are due to Lisa Najavits, who brought incredible energy, vision, and new ideas to the presidency over the past year. I hope we can continue in the spirit of innovation and forward thinking that Lisa brought to us. Fortunately, she has one more year on the Division 50 Board of Directors to help us insure that what she began, and continued, remains viable in going forward. I also want to thank Tom Brandon, who has now rotated off the Board, for his

incredible leadership over the past three years of his involvement with the Division Board. I know both Lisa and I have learned an incredible amount from Tom, and I hope that moving off the Board will not mean that Tom will move out of Division leadership.



Frederick Rotgers

As many of you may know, we are continuing to address the question of where we have come from by assembling as many documents as we can that relate to the origins of the Division in the Society of Psychologists in Addictive Behavior (SPAB), and its transformation into an APA Division. To organize this archiving effort, the Board

previously authorized the formation of an Archives Committee. I am pleased to announce that Nancy Piotrowski, long broadly active in the Division, has agreed to spearhead this effort. If you have any documents, e-mails or other information relating to the early days of the Division or SPAB, please contact Nancy (napiotrowski@yahoo.com).

Lastly, with respect to where we have come from, I want to thank all of you who have contributed time, energy, and resources to the work of the Division over the past year, as well as those of you who continue to show

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President's Column

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your commitment by serving in various capacities for the coming year. I think we have a terrific team in the Board and our Committees, and I know that this will be a productive year.

What are we?

Division 50 faces a number of challenges going forward, not the least of which is the result of our dual nature as a Division comprised of both scientists and practitioners. As scientists, we have developed close relationships with the National Institute on Alcohol Abuse and Alcoholism and the National Institute on Drug Abuse. Both of these agencies have been instrumental in supporting Division activities and the careers of many of our members. Our members are the premier researchers in the addictions field, serving in the highest levels of scholarship and policy making.

Nonetheless, we are also a practice division. More than half of our members pay the APA Practice Assessment and identify themselves, at least partially, as practitioners. Our commitment as a Division to the translation of science into practical application for the benefit of people struggling with addictive behaviors is also strong.

Most of our members are specialists in addictive behaviors, either by virtue of their research programs and interests, or their clinical practice with addicted clients. The Division has been able to maintain a fairly stable membership over the past few years, while APA itself has been shrinking. We have enough members with sufficient commitment to have secured two seats on APA Council, yet I believe we can grow further and do even more.

The epidemiological data on co-occurrence of addictive disorders (particularly substance use) with other mental health problems is very clear. Depending on the setting in which a practitioner works and the types of clients who use the services of that

setting, he/she is likely to have rates of co-occurrence that run between 25% to more than 50% for Axis-I disorders (Regier et al., 1990). Morgenstern and colleagues found co-occurrence rates for any DSM-III-R personality disorder in a sample of alcohol dependent clients in treatment to range between 56% for men and 67% for women (Morgenstern, Langenbucher, Labouvie, & Miller, 1997). Thus the likelihood that a clinician working in a mental health setting, not dedicated to the treatment of addictive disorders, will be encountering clients with these disorders is very high. Yet, clinicians by and large have little training in the identification, diagnosis, assessment, and treatment of substance use disorders. Is there some way that Division 50 can be of more use to these non-specialists in addictive behaviors, who nevertheless have to work with these issues in practice?

A second practice-related issue involves the identification and dissemination of empirically supported treatments for addictive behaviors to the broader practitioner community. Which of the many treatments currently available deserve the imprimatur of "empirically supported," how can we insure that clinicians know about them, and are able to use them effectively? What role can the Division play in this process? We have a committee devoting its attention to this process, but can we broaden our perspective beyond this initial task of identification of empirically-supported treatments?

Where are we going?

So, where are we going? What course should we chart for ourselves as a Division? These are questions that have always been in the background of our activities. I propose to bring them to the forefront of our thinking over the next year and beyond. My proposal to do this is that the Division develop and conduct a strategic planning exercise.

APA has recently developed its own strategic plan for the first time in the Association's history. The plan is organized around three objectives that the organization is committed to

pursuing over the coming years. These objectives are:

1. Maximize organizational effectiveness;
2. Expand psychology's role in advancing health;
3. Increase recognition of psychology as a science.

I have proposed, and the Division Board of Directors has approved at our last meeting in September, that the Division begin to develop a strategic planning exercise parallel to the one completed by APA in 2009. Our President-Elect, Warren Bickel, has also committed himself to assisting in this project and to carrying it forward into his Presidential year.

The goals of the exercise will be twofold. First, we aim to review the Division's activities, both past and current, with an eye toward how our activities have been consistent with the three strategic objectives of APA. We also aim to determine how we might develop our own objectives in a way that dovetails with the APA objectives, thus making us a much more valuable part of APA. Second, the exercise will look to the future, with a strong emphasis on questions such as, "How can the Division grow?," "How can we address the 'graying' of the Division (APA's data suggest that fewer Early Career Psychologists are joining Divisions, a trend that if not reversed, bodes ill for the long-term viability of many Divisions)," "How can we make the Division and our offerings and activities more attractive to non-specialists in the addictions?," and "How can we both enhance the Division's links to science and research, and provide a place where practitioners will also feel welcomed and valued?"

As my Presidential year moves forward, I will be asking Division members for ideas in each of these areas. Please feel free to e-mail me (frederick.rotgers@waldenu.edu) with any questions, concerns, or suggestions you might have for how we can make this process effective and productive for the

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Division. I am particularly interested in hearing from those of you who may have participated in strategic planning exercises with other organizations, and who might be willing to share your experiences and advice with the Division 50 Board as we plan our own strategic planning exercise.

Editor's Corner

Melissa A. Lewis

Welcome to the Fall 2010 issue of *The Addictions Newsletter (TAN)*! I want to start this column by introducing myself as the new Editor of *TAN*. My name is Melissa Lewis and I am excited about this exceptional opportunity to serve Division 50. I look forward to working with so many wonderful people over the next three years. I would also like to take a moment to recognize the hard work of previous *TAN* editors, Nancy Haug, Bruce Liese, and Elizabeth D'Amico, who have all done an amazing job. I would especially like to thank Liz for allowing me to work with her on the summer 2010 issue of *TAN*.

As the new Editor of *TAN*, I urge you to become more involved in Division 50. "How might I become more involved in Division 50?" you ask. The answer is easy! You can become more involved in Division 50 by contributing to *TAN*. In the current issue, we do not feature any original contributions other than our standing columns, Division news, and business summaries of the Board and committees. This issue of *TAN* is limited in scope because we did not receive any contributions from members. Thus, I ask that you all become more involved in Division 50 by contributing your original work. *TAN* has a wide readership and provides a friendly forum to share ideas and interests related to behavioral addictions, including but not limited to alcohol, nicotine, other drugs, gambling, eating, and sexual behavior. If you have ideas for a new column or topic you would like to see in *TAN*, please let me know.



Melissa A. Lewis

Please, think about the Division and what you want it to be, and send along your ideas so we can incorporate them into our thinking as we plan this exercise. I'll be writing more both here and on the Division listserv about our progress.

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bidity of alcoholism and personality disorders in a clinical population: Prevalence and relation to alcohol typology variables. *Journal of Abnormal Psychology*, 106(1), 74-84. doi:10.1037/0021-843X.106.1.74

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Lately, there has been a lot of buzz about social networking sites in relation to research. I would be interested in receiving articles related to how social networking sites can be used in clinical settings, used to recruit participants, or be utilized in interventions. In addition to hearing how social networking sites might be utilized in clinical and research settings, I would like to hear about research examining the possible relationship between viewing high-risk behaviors on social networking site profiles (e.g., pictures/posts about alcohol) and one's own involvement in those behaviors. Of course, other exciting topics are welcome!

In addition to introducing myself, I'd like to welcome Frederick Rotgers to his new position as Division 50 President. I wish you great success as president this coming year. Fred has already been busy with organizing strategic planning to move Division 50 forward. In this issue, he outlines his initiatives and also asks that we become involved with planning. Please see the President's Column for details.

Aside from submitting articles, you can also participate by offering your services to one of many positions and committees. For example, William Zywiak and Krista Lisdahl Medina announce openings for a new President-Elect and a new Member-at-Large. A new student representative is needed to serve on the Division 50 Executive Board. The Committee on Populations and Diversity Issues is seeking new members and a new Chair. Please see the announcements for additional

information if you are interested. I'd also like to turn your attention to several requests in this issue of *TAN*. Sandra Brown calls for fellows and awards nominations. Jennifer Read calls for members to submit abstracts for the APA 2011 Convention. As you can see, there are plenty of opportunities to support and get involved in Division 50. We encourage everyone to be active in Division 50 by making nominations and attending the APA convention.

Also in this issue, our *Bridging the Gap* column focuses on Howard A. Liddle and his work using Multidimensional Family Therapy. As an APA Division 50 Conference Representative, Erin Deneke covers the 2010 APA Education Leadership Conference that was held in Washington, DC. We also feature highlights from the APA 2010 Convention in San Diego. At the Division 50 business meeting, we honored several people for their hard work and accomplishments. For those of you who were unable to make the conference, you can read about the people we honored in this issue of *TAN*. Congratulations to Division 50 award winners!

I also want to point out that we have a cartoon caption contest in this issue of *TAN*! Please submit your original captions for the cartoon printed on page 8 to me at edtan@uw.edu. We will print the winning caption and the name of the winner in the spring edition of *TAN*.

If you would like to submit an idea for a new column, article, abstract, or announcement for the spring edition of *TAN*, please send them to me at edtan@uw.edu by **February 1, 2011**. I look forward to hearing from you! ♣

New Member Spotlight: Ryan Trim

Amee B. Patel

For this issue, we interviewed new member Ryan Trim, Assistant Professor in the Department of Psychiatry at the University of California at San Diego and staff psychologist at the VA San Diego Healthcare System. He received his PhD in clinical psychology from Arizona State University in 2007.

AP: What are your research and clinical interests?

RT: My current dual appointment allows me to actively pursue both my research and clinical interests in addictions. Drawing from developmental psychopathology and ecological systems perspectives, my research broadly focuses on the role of cognitive and environmental factors in the



Ryan Trim

development and exacerbation of substance use and related disorders. Clinically, I am involved with the assessment and treatment of veterans with co-occurring disorders, with an emphasis on integrating PTSD treatment approaches.

AP: Are you involved with any training opportunities that could be particularly useful for students and early career professionals?

RT: I am on the Training Committee for the APA-approved internship at UCSD/VA San Diego and supervise interns and graduate students in our clinic. There are numerous opportunities across training levels to work with amazing faculty in the field of addictions treatment and research at UCSD, and I would encourage students to contact any faculty member whose

work interests them to discuss potential training opportunities.

AP: How did you hear about the Division?

RT: I've been familiar with Division 50 since graduate school and recently decided to join to increase my involvement in professional activities and networking.

AP: What motivated you to join Division 50?

RT: Most appealing to me is the opportunity to network and collaborate with like-minded professionals across the country, as well as the Division's emphasis on advocacy efforts and mentoring experiences in the field of addictions. As an early career psychologist, I hope to become more involved with the national community of professionals in Division 50 and plan to utilize the growing availability of mentoring, training, and networking resources throughout my career. ♡

Federal Update

Kristen G. Anderson, Member-at-Large (Public Interest); Chair, Advocacy and Policy Committee

Many of the federal initiatives on healthcare and substance abuse are currently stalled due to the upcoming midterm elections. As the recently enacted healthcare law is the main focus of political dialogue on the campaign trail, it will be very interesting to see the net impact on healthcare reform in the new congress. Despite this, a number of bills have been introduced with direct impacts on services for those with substance use disorders.

In May 2010, Reps. Patrick Kennedy (D-RI) and Gene Green (D-TX) introduced a bill to reauthorize the Substance Abuse and Mental Health Services Administration

(SAMHSA). The *SAMHSA Modernization Act of 2010* (H.R. 5466) reauthorizes programs such as early intervention for mental illness and substance use



U.S. Capitol (Photo: Public Domain)

disorders, prevention and intervention of youth suicide, integrating treatment of dual diagnoses (substance abusing

mentally ill), supportive services for homeless populations and jail diversion programming. In the spring, APA was active in advocating for provisions to this bill. Examples included authorizing the existing Minority Fellowship Program to boost professional workforce development, incorporating the *Child and Adolescent Mental Health Resiliency Act* and the *Mental Health in Schools Act* to help prevent mental health problems, funding supportive housing and integrating mental health and substance use services for individuals re-entering the community after incarceration. The bill has been referred to the House Committee on Energy and Commerce and is awaiting action.

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Sen. Richard Durbin (D-IL) introduced legislation, *National All Schedules Prescription Electronic Reporting Reauthorization Act of 2010*, to amend 2005 legislation under that name to foster, “the establishment of state-administered controlled substance monitoring systems in order to ensure that appropriate law enforcement, regulatory, and state professional licensing authorities have access to prescription history information for the purposes of investigating drug diversion and prescribing and dispensing practices

of errant prescribers or pharmacists.” Of importance to addiction psychologists, this bill would authorize the Secretary of Veterans Affairs to disclose information about a veteran, or the dependent of a veteran, to a state controlled substance monitoring program to prevent misuse and diversion of prescription medicines. In July, this bill was referred to the Committee on Health, Education, Labor, and Pensions.

In August, President Obama signed a \$16.1 billion, 6-month Federal Medical

Assistant Percentage (FMAP) extension into law. This legislation extended FMAP Medicaid match rate to states through June of 2011. However, continued work is needed in this area to resolve longer-term funding needs of the program.

Thanks to those of you who expressed interest in helping with advocacy issues at the APA convention in San Diego. I look forward to working with everyone this year! ♡

Bridging the Gap

It's Not Just for Adult Clients! An Interview with Howard A. Liddle about Treatment for Adolescents

Nancy A. Piotrowski

Howard A. Liddle is a Professor in Epidemiology and Public Health at the Miller School of Medicine at the University of Miami. He is based at the University of Miami Center for Treatment Research on Adolescent Drug Abuse (CTRADA). He started CTRADA at Temple University in 1990 with a grant from the National Institute on Drug Abuse (NIDA) and relocated to Miami in 1996. His research interests focus on the development of family-based interventions for adolescents, with an emphasis on problems such as substance-related and conduct disorders. In terms of bridging the gap, his work has done well to refine family-based interventions by attending to both process and outcome issues as well as examining how empirically-supported treatments are adapted and adopted into non-research, community settings. He and his colleagues are most well known for their work on Multidimensional Family Therapy (MDFT) which is a treatment noted in the Substance Abuse and Mental Health Services Administration (SAMHSA) National Registry of Evidence-based Programs and Practices (NREPP) (see www.nrepp.samhsa.gov). Publications best embodying recent work on MDFT include a report on two randomized clinical trials (RCTs) with adolescents with higher severity substance use problems

(Henderson, Dakof, Greenbaum, & Liddle, 2010), use of MDFT in programs reintegrating drug-using juvenile offenders into their communities (Liddle, Dakof, Henderson, & Rowe, 2010), efforts to improve outcomes by changing provider practices and program environments (Liddle et al., 2006), and updates describing the use of MDFT in adolescent substance using populations (Liddle, 2010).

NAP: *Your recent work has specifically focused on MDFT. How did the focus on this intervention develop?*

HAL: I developed the MDFT approach in the early 1980s, having the first opportunity to test it in a NIDA study beginning in 1985. In 2010 we'll finish our tenth RCT of MDFT. My interest developed from my family psychology background. Working with teenagers who are using drugs and involved in criminal activities is a terrific challenge. The path that the kid and family are on is so dangerous—sometimes life threatening—and consequential to the teen and family's future. So the mix of challenges—treatment development challenges, scientific challenges, training and therapist development challenges, research funding challenges, and implementation challenges—is enormous obviously, but it offers a rewarding and meaningful way to try and make a living.

NAP: *Can you tell us a little bit about the types of projects that have occurred at CTRADA to help bridge the gap between science and practice?*

HAL: My core colleagues are Gayle Dakof, Cindy Rowe, and Craig Henderson. We do four types of studies: outcome trials, process studies to explore mechanisms of action, economic analyses (with Katherine McCollister and Mike French, also of University of Miami), and implementation studies.

Examples of the implementation work, all NIDA funded, includes a process and outcome study on the transportation of the MDFT approach to a day treatment drug use treatment program for adolescents. This work involved various levels of the treatment system, from administrators, clinical supervisors, clinicians, teachers, and even the van drivers to bring the research based MDFT approach into their setting. We have also done work focusing on developing new protocols and training devices, including an online training program to teach clinic therapists about the particulars of the approach.

And then we also completed a controlled trial (referred to as DTC, Detention to Community), developed, and tested a new version of the MDFT approach with juvenile justice involved youths.

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Bridging the Gap

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The treatment began when the kids were admitted to the juvenile justice detention facilities (in Miami Dade and Pinellas Counties, Florida). We saw kids while they were in detention; saw the parents in their homes; and worked with juvenile justice detention and court personnel, including judges, attorneys and detention center staff. A follow-up study to this project is underway focusing more on the details of the process of implementation, the top to bottom study of all aspects of the implementation of the MDFT treatment into a new juvenile justice system in Connecticut. We already have trained therapists and supervisors there, so we wanted to study in a fine-grained way, all the things one must do to bring a new treatment philosophy and system into existing structures. We're interested in specifying an implementation framework that includes implementation principles, protocols, and methods.

With the kids in our treatment, we think in terms of social contexts and development—substance-related problems did not come about overnight, and these problems are related to other problems that the teen has developed, such as school disconnection, gravitation to deviant and substance-using peers. So, given the multi-context and multi-domain areas of functioning that are involved, we've devised a comprehensive protocol that intervenes in these multiple areas. Because of this, the social systems that get interested in the MDFT (represented by system administrators at various levels, clinical managers and supervisors) find it like a “one stop shopping” approach. The emphasis, which they like, is on achieving practical outcomes across the areas of the kid's life, the effective ways we have of involving parents in the treatment, and of course the improved outcomes that they're able to obtain.

NAP: Do results for MDFT vary depending on the severity level of the disorder? For instance, severity levels of dependence or for abuse versus dependence?

HAL: One of our newest studies, Henderson et al. (2010), details how the MDFT approach, across different study samples is more effective with more difficult cases.

NAP: What are the pertinent variables that make one client more receptive to MDFT than another?

HAL: The receptivity and motivation generally are malleable depending on the therapist's skill level. Our dropout rate is low. Over a variety of studies, our studies have engagement and treatment completion rates range from 87-96%. The DATOS-A national study found that 77% of these same adolescents in standard outpatient treatment programs fail to complete treatment (90 days). The stunning engagement and retention rates we have produced say a great deal about current therapies and what is needed by these kids and their families. Also, we find that there are no differences in outcomes for older or younger kids, boys versus girls, or across different samples of kids from different racial and ethnic groups.

NAP: What do you see as future directions to bridging the gap with MDFT?

HAL: Two themes represented in our current work. First, there is simply thinking of settings in which the MDFT approach can be moved, and all that goes into making that happen. This includes thinking about juvenile justice and school based programs, as well as residential treatment facilities.

The second theme relates to the question of how best to train clinicians. While organizational and systemic issues are vital, clinician variation is significant, and just as we know that therapy outcomes vary by therapist factors, training outcomes vary by therapists, as well as the broader systems factors. Knowing what it takes to train someone for participation in a RCT is one thing, but knowing what it takes to train them to become skillful, to continue to use a new approach in their practice, in their agency, that's quite different.

A related interest is the exploration of new technological innovations, methods of virtual reality training, online training that might enhance our training and supervision outcomes. The in-person supervision component will never be replaced, but the opportunity to practice the clinical skills, to stretch and fine tune the clinical thinking, are important aspects of the training and supervision process.

NAP: Very good. I think what is most impressive about all of this is your effort to take a 360-degree view of what is needed—from the client and their family, through the administrators and staff, and all the way through to practitioners and trainees. It's a nice example of how all of these community members bring in different elements and voice to work for positive change related to addictive behavior.

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Student and Trainee Perspectives

Matthew Worley

The Executive Board of Division 50 is currently seeking nominations for an additional student representative to the Board. Some of you may have seen the related announcements on the Division 50 listserv or in this newsletter and considered making a nomination or requesting more information about the duties involved. Since we've already received several inquiries about the nature of this opportunity, I'd like to describe some of the potential activities for the incoming student representative and the benefits of getting involved.

First and foremost, student representatives participate in the monthly board meetings that occur via conference call. On these calls, students become familiar with the general proceedings of the Executive Board and any initiatives that are currently being developed or maintained. I've found these calls to be a valuable experience, in part because they provide unique exposure to the structure and interactions involved in the governing body of our professional association. Proceedings that have been discussed over the past several months include the revision of Division 50's Bylaws and the potential name change of Division 50. Another initiative discussed was the creation of a student interest group within Division 50, with the goal of providing a

forum for student members to network and generate ideas for projects to accomplish their professional goals. The incoming student representative has the opportunity to assist in generating more momentum for these initiatives or devising new initiatives that serve to benefit student members.

The second major responsibility of student members involves writing a student-focused article for this newsletter, which is published three times annually. There is enormous flexibility in this task. There are few similar opportunities that exist in professional associations where student members have the chance to reach a broad audience in such free form. Students can take the article in a number of different directions, which is an exciting opportunity. Past issues have utilized the article to highlight student-focused activities at conventions, provide advice on seeking a pre-doctoral internship, or offer guidance on balancing professional and personal responsibilities. I look forward to brainstorming ideas for interesting and creative student-focused articles with the incoming student board member.

Aside from making contributions to the Executive Board, student members can get involved in specific projects organized by committees within Division 50. For example, in

the past several months I've served as coordinator of the Division 50 Taskforce on empirically-supported treatments. We are organizing peer-reviewed treatments for substance use disorders (SUDs), which focus on examining the evidence for the effectiveness of a particular treatment according to well-established criteria for evaluating empirically-supported treatments. This project matches well with my research interests in mechanisms of behavior change for SUDs, and diverse committees and projects are available to match with any student's particular interests.

Finally, as noted in the announcement below, the networking opportunities are outstanding. I've interacted with many senior-level researchers who are responsible for some of the highest quality work in our field. The opportunity to discuss research ideas and career paths with these individuals cannot be overstated and participation in the board creates many avenues for valuable interactions with established scientists and practitioners.

I hope this article has assisted in shedding some light on the activities available for the incoming student representative to the Executive Board. Please forward nominations or questions to my e-mail address (mworles@gmail.com). We look forward to hearing from you! ♡

Attention Graduate Students! Call for Division 50 Student Representative

Are you interested in getting more involved with Division 50? We are currently seeking nominations for a student representative on the Division 50 Executive Board. The position involves attending monthly conference calls, co-authoring student-focused articles for *The Addictions Newsletter (TAN)*, and generally serving as the voice of students in the Division. Being a student representative is also a fantastic networking opportunity. Please send nominations to Matt Worley (current student representative) at mworles@gmail.com.

Report on the August 2010 Meeting of the APA Council of Representatives

Raymond F. Hanbury and Jalie A. Tucker
Division 50 Council Representatives

The Council of Representatives, APA's governing body, met on August 11th and 15th, 2010 during the APA Convention in San Diego, CA. The meeting was chaired by APA President, Carol D. Goodheart. The agenda consisted of 29 items. Items of significance to our Division are summarized below.

Presidential Report

Highlights of President Goodheart's report and initiatives included ensuring the ongoing financial health of the Association; integrating psychology into health care during the enactment of the *U.S. Patient Protection and Affordable Care Act of 2010*; assuring that parity is implemented at all levels; increasing funding for graduate psychology education; and developing new geriatric education and training programs. During her term, the APA supported the overturning of California's Proposition 8 in which voters had taken away the right of same-sex couples to marry. In addition, APA's new Website received the Association of Media and Publishing Excellence Award and the International Academy of Visual Arts Award.

Strategic Planning

Progress continues in developing the Association's first strategic plan under the leadership of APA CEO Norman Anderson. The plan focuses on maximizing the organization's effectiveness; expanding psychology's role in addressing health; and increasing the recognition of psychology as a science. The mission of the APA is to advance the creation, communication, and application of psychological knowledge to benefit society and improve people's lives.

Educational Affairs

The Commission for the Recognition of Specialties and Proficiencies in Professional Psychology (CRSPP) recommended extension or renewal of Sport Psychology,

Psychopharmacology, and Personality Assessment as proficiencies. CRSPP also recommended extension or renewal of Industrial Organizational Psychology, Geropsychology, Clinical Neuropsychology, and Behavioral and Cognitive Psychology as specialties. All were approved.

Composition of Council

A new Council seat allocation plan was approved to assure that all Divisions and State, Provincial, and Territorial Psychological Associations (SPTAs) have a seat on the Council of Representatives. Although the complex allocation process involves new rules about how to allocate votes and seats between Divisions and SPTAs, in the end it means that all groups will have one Council seat, and additional seats will be allocated by a formula to units in the pool. The total number of Council seats will be 162.

ICD-11

Geoffrey Reed, a former APA Practice Directorate senior staff member who now works with the World Health Organization, gave a presentation to Council about the ongoing revision of the mental health and substance abuse codes for the upcoming 11th version of the *International Classification of Diseases*. APA is supporting his leadership role in the revision, which is aimed at producing

a streamlined set of diagnostic codes that are easier to use in primary care, public health, and other non-specialty settings world-wide.

Task Force Reports

Council accepted a report of a task force initiated by 2009 APA President James Bray on obtaining recognition of psychology as a STEM (Science, Technology, Engineering, and Mathematics) discipline. Strategies for communication and policy efforts to foster that recognition were recommended. Additionally, a task force report on the psychosocial effects of war on children and families was accepted.

Membership Dues

The previously enacted annual Consumer Price Index dues increase was suspended, which holds dues steady through 2013. Dues for next year will be \$287.

APA Publications and Communications

Gary R. VandenBos, APA publisher, gave an overview. Although revenues increased from \$45 million in 2000 to about \$80 million this year, the rate of growth is slowing due to competition from advances in technology.

Next year's Convention will be held in Washington, DC. Ψ

Cartoon Caption Contest: We provide the cartoon and you, the reader, provide the caption. Entries for the contest will be accepted until February 1, 2011 at edtan@uw.edu. We'll print the winner and the winning caption entry in the spring edition of *The Addictions Newsletter*.



Cartoon by Jessica Blayney

An Opportunity to Get More Involved in Division 50

William H. Zywiak and Krista Lisdahl Medina

Here is the once-a-year opportunity to get more involved in Division 50. Division 50 is seeking nominations for two positions, President-Elect and Member-at-Large. These positions are three-year terms beginning at the close of the Annual Meeting of APA in August 2011 and ending in August 2014. Through these positions, you will be able to significantly affect the direction of the field. You are already devoting considerable time treating and/or conducting research with individuals with addiction problems so here is your opportunity to affect change at the national level. Self-nominations are invited, and you only need thirty Division 50 members to nominate you to be placed on the ballot. All Division 50 Members and Fellows are qualified to run for office.

As is true every year, we are seeking nominations for President-Elect. The new President-Elect will overlap with the 2010-2011 President, Fred Rotgers, and the 2011-2012 President, Warren

Bickel. The President-Elect is recognized and functions as the Vice President, spending the first year getting oriented to the current board, observing the activities of the Division, contributing ideas to the strategic planning for the upcoming year, planning for her/his presidential year (such as picking a convention chair) and participating in other activities as requested by the President and Board of Directors. After completing the President-Elect year, the President presides at all meetings of the Division Membership and Board of Directors as Chair-person, and performs other duties consistent with the Bylaws and that s/he or the Board of Directors shall deem necessary and/or appropriate to the functioning of the Division for a 12-month period. For the last year, the Past-President acts as an advisor to the new President. The President elected this cycle will be scheduled to give her/his Presidential address at APA in Honolulu in 2013.

The second position is a Member-at-Large. Based on the Board's agreement, the Member-at-Large serves as a Division 50 liaison to the APA Public Interest

Directorate and works closely with the Division 50 Advocacy and Policy Committee (APC). The overarching goal of the Member-at-Large is to focus on policy-related matters. This is accomplished through frequent communication with APA and through efforts to educate and support members in effective advocacy practices. In particular, this position targets new initiatives, monitors policies already in place, and increases members' awareness of addiction-related policy issues. This position is currently held by Kristen Anderson and was previously held by Brad Olson.

Finally, we would like to welcome our esteemed colleague Tammy Chung to the Nominations and Elections Committee. Tammy Chung is already known by many Division 50 members as Associate Editor of *Psychology of Addictive Behaviors* and has served as a Program Co-Chair for Division 50's contribution to the Annual Convention for 2005, 2006, and 2007.

Please see the Call for Nominations Form on page 10 of this issue of *TAN*. ♣

Call for Awards Nominations

Division 50 (Addictions) seeks nominations for its 2010 awards, which will be announced at APA's 2010 Annual Convention. Awards for 2010 include (a) Distinguished Scientific Early Career Contributions; (b) Distinguished Scientific Contributions; (c) Distinguished Career Contributions to Education and Training; (d) Presidential Citation for Distinguished Service to Division 50; and (e) Outstanding Contributions to Advancing the Understanding of Addictions. Information on award qualifications and nominations can be found on Division 50's Website at www.apa.org/about/division/div50.html. The DEADLINE for receipt of all award nominations and relevant materials is **May 2, 2011**.

Nominations and related materials should be sent to the Fellows and Awards Committee at the following address:

Fellows and Awards Committee
c/o Sandra A. Brown, Chair
University of California, San Diego
Department of Psychology & Psychiatry
9500 Gilman Dr., MC0109
La Jolla, CA 92093-0109

For further information, please contact sanbrown@ucsd.edu.

Call for Nominations—Division 50 Officers

Division 50 is soliciting nominations for two offices:

President-Elect Member-at-Large of the Executive Committee (Public Interest)

The President-Elect serves for 3 years, as President-Elect, President, and Past-President.

The Member-at-Large also serves for 3 years. The individual in this position will serve as the liaison to the APA Public Interest Directorate.

The duties for each position are as described in the Division Bylaws. Officers are expected to attend the annual APA convention and participate in monthly telephone conferences.

Division Bylaws state that a nomination “must be supported by the signatures of at least two and one-half percent” of the members. Thus, each nomination should be supported by at least 30 members of the Division. Nominations of women and ethnic minority members are especially encouraged.

Candidate biographies will appear in the spring issue of *The Addictions Newsletter*. The ballot for officers will be distributed by the APA Central Office in April.

Make nominations by indicating nominee below. Nominations may be sent by e-mail (without the form). Please provide nominator’s address, and phone number to permit verification.

THE DEADLINE FOR NOMINATIONS IS JANUARY 18, 2011

I nominate _____ for President-Elect of Division 50.

I nominate _____ for Member-at-Large of Division 50.

Nominating member’s name, address, and phone number (for verification):

Name _____ Phone _____

Street _____

City _____ State _____ Zip _____

Nominator’s signature _____

Send nominations to:

William Zywiak, *Division 50 Nominations and Elections Chair*

Decision Sciences Inst. of P.I.R.E

1005 Main St., Unit 8120

Pawtucket, RI 02860

E-mail: zywiak@pire.org

Fax: (401) 729-7506

Phone: (401) 729-7505 ext 2102

THE DEADLINE FOR NOMINATIONS IS JANUARY 18, 2011

2010 APA Education Leadership Conference

**Erin Deneke, APA Division 50
Conference Representative**

It was quite an honor to be selected to represent Division 50 at the 2010 APA Education Leadership Conference (ELC) in Washington, DC, from September 11th-14th. The long-term goals of the annual ELC are to:

- Promote a forum for groups and organizations across all levels of education and training to address issues of mutual concerns;
- Promote a shared disciplinary identity among education and training leaders in psychology;
- Impact public policy regarding education in psychology and psychology in education.

This year's theme was "Psychology and Lifelong Learning." A total of 43 organizations were represented including 13 from psychology education and training, 13 from APA groups, 9 APA Divisions were present, and 8 other psychological organizations.

Saturday evening began with a nice reception and an excellent presentation by Cynthia D. Behar, Executive Director, APA Education Directorate. After a moment of silence for all those whose lives were lost on 9/11, Cynthia Behar presented the keynote address "Psychology and Lifelong Learning" where she discussed the importance of scientific foundations for adult learning, the need to promote a career of lifelong learning in students and early career psychologists, and of lifelong learning to remain as a goal for all of us in the field, whether researchers, practitioners, or faculty/teachers. She also discussed the importance of embracing promising practices to enhance all types of learners.

It was a busy three days filled with great information and inspiring talks stressing the need for lifelong learning in a variety of formats. Sunday began with a presentation by Art Graesser titled "Scientific Bases of Adult Learning." He

discussed models of lifelong learning, learning principles, and the direction that educational learning is going, including the use of computer (avatar-like) tutors. Joan M. Falkenberg-Getman then spoke on "How Technology Can Advance Lifelong Learning." Her talk included the use of various websites and technologies available to expand formal and informal educational opportunities. The afternoon brought a talk on "Self-Assessment in Self-Directed Learning. Can We Trust It? Do We have a Choice?" by Larry D. Gruppen. Larry Gruppen gave an interesting talk on the proficiency of self-learning and an individual's ability to self-assess the material they have learned in regards to retention and application. Sunday morning finally wrapped with a talk by Greg Neimeyer, titled "Emerging Models for Professional Development in Psychology: Problems and Prospects." He explored different models that are emerging for the professional development of psychologists. There were two wonderful quotes from his talk that I felt emphasized the purpose of the conference. The first was that "Education is not the filling of a pail, but the lighting of a fire" (William Butler Yeats) and the "Purpose of education is to replace an empty mind with an open one" (Malcolm Forbes). These two quotes for me spoke to the importance of lifelong education.

In the afternoon, an overview of the legislative initiative was introduced. All of us would be visiting the senators and representatives of our respective states and districts to lobby for funding of the Graduate Psychology Education (GPE) Program on Tuesday afternoon. We would be requesting for support of the House approved \$7 million.

We then broke into smaller groups to discuss a variety of different topics. Given the emphasis on blending research and practice in the addiction field, I attended "Working with Cross-Professional Teams in Education and Other Settings." The emphasis was on finding a common ground and language

between different disciplines and inspiring teamwork in a variety of settings.

Monday began bright and early for all of us new to the lobbying process with a talk on "Advocacy for Novices" by Nina Levitt, Jennifer Smulson, and Whitney Warrick from the Legislative and Federal Affairs office of the APA Education Directorate and Sheila Lane Forsyth from Advocacy/Grassroots Consultants. The morning brought further information for the lobbying we would be doing on Federal Hill the next day on GPE. Discussions surrounded the importance of the continued funding at a higher level than last year to increase the ability to provide graduate intern- and externships to the underserved populations, especially in the areas of trauma, veterans, children, jobless, elderly, and homeless. Emphasis was placed on returning veterans from Iraq/Afghanistan and the much needed services for our returning soldiers who often return with a number of issues arising from multiple deployments. Emphasis was also placed on the jobless given the economy and the current percentage of unemployment in the U.S. Monday wrapped up with training for the next day's Hill activities.

I must say that as a novice lobbyist, it was quite a daunting experience to step into the Halls of Power. Three of us representing Pennsylvania went to the offices of a total of four members from the Senate and the House that day. The three of us made a good team as I was able to speak from the clinical side, a colleague could speak from the side of education, and our last member as a graduate student. We were able to speak to staffers of Senators Arlen Specter and Bob Casey as well as staffers from the offices of Representatives Tim Holden (PA-17th District) and Joseph Pitts (PA-16th District). All the staffers expressed the importance their respective Senator and Representative held for the need

(Continued on page 12)


2010 ELC

(Continued from page 11)

of assistance for the underserved populations in their respective districts and state. Overall, the GPE was well received. As it was mentioned many times it is a “Lame Duck” session and

the bill will most likely be lumped in with a number of bills that need funding once the elections in November are over. Being on the Hill and lobbying for such an important bill as the GPE bill was an exciting event that I was honored to be a part of. Overall, the experience sparked a desire to increase

my advocacy for issues important to the field of psychology and for populations that need a voice.

For more information about the ELC, please contact Erin Deneke at edeneke@caron.org. 

Call for APA Convention Submissions

Division 50, in conjunction with the National Institute on Alcohol Abuse and Alcoholism (NIAAA), is soliciting proposals on the role of self-regulation to better understand and treat addictive behaviors, especially alcohol use, for the 2011 APA Annual Convention.

Many of today’s most successful evidence-based psychological treatments offer tools to bolster an individual’s ability to regulate their thoughts, actions, and emotions. Recent advances in research on the internal processes and external influences that disrupt self-regulation, and thus increase risk for addiction, could further enhance the utility of these tools, particularly as they relate to the development and treatment of addictive behaviors.

As part of a R13 grant from NIAAA, we are offering *travel awards* for successful proposals that bring together cutting edge research and frontline treatment expertise related to self-regulation and addictive behavior. Proposals may be for traditional symposium, panel discussions, or conversation hours.

Symposium submissions should promote information exchange between the clinical and research psychology communities and appeal to the broader spectrum of researchers and treatment providers who would otherwise not be exposed to the cross-cutting relevance of addiction research and treatment approaches to mental health treatment.

Panel discussion submissions should emphasize the opportunity for treatment providers to dialog about their unique experiences on treating addictive disorders by enhancing self-regulation. These events are designed to help define the role of clinicians in major National Institutes of Health (NIH) research initiatives.

Conversation hour submissions should provide a framework for an informal discussion between researchers and clinicians on major obstacles to translating basic theory and research on self-regulation into clinician practice.

This grant from NIAAA will also provide *15 additional travel awards* for psychologists within 7 years of their terminal degree. Selected presentations will be showcased at an Early Career Investigators Poster Session and Social Hour sponsored by Divisions 28 & 50, the NIAAA, and the National Institute on Drug Abuse (NIDA). Preference will be given to presentations related to self-regulation and alcohol, but all alcohol-related topics will be considered.

Please submit proposals to Division 50 via APA’s online submission portal. Following submission, you will be contacted about your interest in being considered for a travel award.

For more information, please e-mail us at division50apa@gmail.com.

2010 APA Division 50 Award Winners

Sandra Brown, Chair; Art Blume; and Laurie Chassin

New Fellows

This year I had the good fortune to chair the Fellows and Awards Committee for Division 50. Along with committee members Art Blume and Laurie Chassin, we reviewed numerous applications for fellow status in the fall and winter of 2009. We recommended five candidates for new fellow status and one additional candidate for additional fellow status to the national APA Fellows Committee in February 2010. These applications were reviewed by the national APA Fellows Committee and forwarded to the APA Council of Representatives for final consideration and confirmation. Fellows were approved August 2010 at the APA Annual Conference in San Diego. New fellows to our Division include Perry N. Halkitis, Sherry A. McKee, Nancy A. Piotrowski, Susan F. Tapert, Maria Testa, and Harry K. Wexler. Congratulations to our new Division 50 fellows!

Division 50 Annual Awards

Four American Psychological Association Division 50 Awards were conferred at the Division 50 Business Meeting at the annual conference this year.

Jalie Tucker was given the Presidential Citation for Distinguished Service to Division 50. Jalie Tucker, who is a former president, was instrumental in the development of the Division within APA and has held numerous leadership positions within the Division. Her creative and energetic service on behalf of the Division on APA Council of Representatives and Board of Professional Affairs has resulted in addictive disorders integrated into APA policy.

Mark Muraven was awarded the Distinguished Scientific Early Career Award. His work in the area of self-control and emotions in the reduction of excessive drinking helps clarify the role of these factors in self-regulation.

The award for Distinguished Scientific

Contributions to the Public Interest was given to Alan Marlatt, who has been at the forefront of behavioral treatments for addictive disorders for over a quarter of a century. His early focus on relapse processes helped create a paradigm shift in the way alcohol and drug problems are treated and even prevented throughout the U.S. Similarly, his more recent focus on alternative approaches to intervention has broadened the therapeutic repertoire of clinicians in treating addictive disorders and continues to inform Empirically Supported Treatment



Photo: Public Domain

efforts within APA.

Although usually given to an individual outside of the Division, the award for Outstanding Contributions to Advancing the Understanding of Addictions was bestowed on Howard Shaffer. Howard Shaffer has contributed in a variety of ways to the addiction field but specifically his book, *Youth, Gambling and Society: Futures at Stake*, helps educate the public on the core features of gambling including features of these addictive behaviors and unique aspects

of this type of disorder, as well as the societal impact of youth gambling.

Early Career Presentation Awards

Based on submissions to the APA convention, three awards were given for Early Career Presentations:

- 1st Place: Karen Hanson—“Adolescent Neurocognition and Simulated Driving Performance Following Alcohol Abstinence”
- 2nd Place: Carmen Pulido—“Adolescent Heavy Drinkers Heightened Alcohol Cue Reactivity Decreases with Abstinence”
- 3rd Place: Lawrence Carter—“Executive Function Therapy”

Student Poster Awards

Division 50 awards three students awards for Outstanding Poster or Presentation at the APA annual conference. The 2010 awardees include:

- 1st Place: Lindsey W. North—“The Effectiveness of Adolescent Psychosocial Substance Abuse Treatments on Comorbid Conduct Problems”
- 2nd Place: Jennifer L. Winward—“Neurocognitive Changes During Abstinence in Adolescent Binge Drinkers: Preliminary Findings”
- 3rd Place: Ashley E. Smith—“Impulsivity Moderates the Alcohol Use: Alcohol Problems Relationship”

Congratulations to all awardees!

The Fellows and Awards Committee invites nominations, including self-nominations, for fellow status. Those who have had a national impact through their research, training, clinical care and/or service are invited to send in materials by **January 7, 2011**. The deadline for receipt of nominations is **December 10, 2010**.

The Division 50 website has details regarding criteria as well as application instructions at www.apa.org/divisions/div50/awards_call.html. Ψ

2010 APA Convention Travel Award Winners

Congratulations to all of the early career psychologists whose work was recognized at the 2010 Early Career Poster Session and Social Hour. Travel awards for these promising investigators were sponsored by the National Institute on Drug Abuse (NIDA) and grant R13AA017107 from the National Institute on Alcohol Abuse and Alcoholism (NIAAA).

Post-Treatment Alcohol/Drug Trajectories: Divergent Functional Outcomes in Adulthood

Kristen G. Anderson, Reed College

The Role of Employment in College Students' Alcohol Use

Brooke J. Arterberry, Indiana University at Bloomington

Impulsivity: Associations between Hypomanic Personality Style and Substance Use

Bryan D. Batien, University of South Dakota

Psychotropic Use of Nonvitamin, Nonmineral Supplements

Melissa Birkett, Northern Arizona University

Methamphetamine Pre-Exposure Enhances Sexually Conditioned Locomotor Activity but Impairs Sexual Performance in Male Japanese Quail

B. Levi Bolin, University of Kentucky

Adolescent Maturation of D1/D2 Dopamine Receptor Interactions at the Behavioral and Functional Network Levels

Jennifer Buenzle Dwyer, University of California, Irvine

Parental Influences on African American Adolescents' Comorbid Sex and Drug Use Behavior

Chakema C. Carmack, Pennsylvania State University

Executive Function Therapy for the Treatment of Addiction

Lawrence P. Carter, University of Arkansas for Medical Sciences

Implementing a Brief Intervention for Employees in Today's Economy

Karen Chan Osilla, RAND Corporation

Prenatal Cocaine Exposure Alters Human and Rodent Infant Vocalizations: A Mechanism for Increased Maternal Neglect

Elizabeth T. Cox, University of North Carolina at Chapel Hill

Using Encounters to Assess Program Performance in Los Angeles County

Desirée A. Crèvecoeur-MacPhail, UCLA Integrated Substance Abuse Programs

Alcohol Use and Negative Consequences: Moderation by Protective Behavioral Strategies

Lindsay A. Crow, University of Missouri, Columbia

Effects of Brief Nicotine Exposure on the Adolescent Brain

Jasmin M. Dao, University of California, Irvine

Sex Influences on Alterations in Immune Function and DHEAS Levels in Cocaine-Dependent Individuals

Carrol D'Sa, Yale University School of Medicine

Adenosine A2A and Dopamine D2 Interactions in the Ventral Striatopallidal Pathway Regulate Effort-Related Choice

Andrew M. Farrar, Rutgers University

Changes in Addiction and PTSD Severity for Adolescents in a Pilot Integrated Therapy

Lisa R. Fortuna, University of Massachusetts Medical School

Impact of Substance Use on the Mental Health of African American Youth

Tamika D. Gilreath, University of Southern California

Treatment Outcomes of Methamphetamine Users With Mood and Anxiety Disorders

Suzette Glasner-Edwards, University of California, Los Angeles

Opioid/Cocaine Combination Effect on Cocaine-Induced Changes in HPA/HPG Axes Hormones in Men

Nathalie V. Goletiani, Harvard Medical School

Cytoskeletal Stabilization in Adolescence Regulates Behavioral Flexibility and Sensitivity to Cocaine

Shannon L. Gourley, Yale University

Mental Illness Moderates Associations between Motivation and Drug Treatment Outcomes

Ashley S. Hampton, Temple University

Feeling Left Out? The Interaction of Social Ostracism, Brain Function and Addiction

Colleen A. Hanlon, Wake Forest University School of Medicine

Developing Substance Use Prevention Interventions: Collaborating With Hawaiian Youth and Communities

Susana Helm, University of Hawaii at Manoa

Project SPREAD: Survey of Practiced Research Effort to Aid Dissemination

Jennifer Hetteema, University of Virginia

Alcohol Consumption Patterns and Negative Consequences Among Students Studying Abroad

Justin F. Hummer, Loyola Marymount University

A Longitudinal Test of the Acquired Preparedness Model

Derek Iwamoto, Yale University

Violence Perpetration and Use of Alcohol and Marijuana Among Boston Adolescents

Renee M. Johnson, Boston University School of Public Health

A Prefrontal-Subcortical Pathway Mediates Successful Regulation of Craving in Cigarette Smokers

Hedy Kober, Yale University School of Medicine

Mental Health Problems and Criminality as Risk Factors for Smoking During Pregnancy

Lisa M. Kratz, Indiana University

Predictors of Changes in Heavy Drinking in Fire Fighter Recruits

Marc I. Kruse, Texas A&M Health Science Center at Waco

Evidence-Based Practice in Minority Serving Programs: Qualitative Examination

Sandra E. Larios, University of California, San Francisco

Risk of Comorbid Binge Drinking and Smoking Behavior Among High School Students

Clare M. Lenhart, Temple University

Feasibility of an Outpatient Drug Testing Program for Adolescents

Sharon J. L. Levy, Harvard Medical School

Neural Systems of Reward in Nicotine Addiction and Obesity

Laura E. Martin, University of Kansas Medical Center

Integrating Modes of Treatment in a Native American Treatment Center

Jacqueline F. Moghaddam, University of Michigan

The Role of Religion in HIV-Risk Behaviors Among Rural African American Cocaine Users

Brooke E. E. Montgomery, University of Arkansas for Medical Sciences

The Recovery Line: A Therapeutic Interactive Voice Response System for Buprenorphine Maintenance

Brent Moore, Yale University School of Medicine

Factor Analysis of the Emotional Antecedents of Alcohol Use (EAAU) Scale

Jennifer S. Mrnak-Meyer, VA Medical Center, San Diego

Risk Perceptions of HIV Infection Related to Drug Use

Lucy Napper, California State University, Long Beach

The Interaction between Drug Use and Depression on Antiretroviral Adherence

Howard Newville, University of California, San Francisco

The Effectiveness of Adolescent Psychosocial Substance Abuse Treatments on Comorbid Conduct Problems

Lindsey W. North, Sam Houston State University

Effects of Amphetamine and Yohimbine on Fear Extinction in Rats

Lening A. Olivera-Figueroa, McGill University

Developing $\alpha 4\beta 2$ Nicotinic Acetylcholine Receptor Desensitizers for Treating Addictions

Mikell Paige, Georgetown University Medical Center

Moderation of Propensity for Anabolic-Androgenic Steroid Use by Sexual Orientation

Mike C. Parent, University of Florida

Does Context in Virtual Reality Influence Craving to Smoke?

Megan M. Paris, University of Houston

Neural Circuitry Underlying Choice between Pup- and Cocaine-Conditioned Incentives by Postpartum Rats

Mariana Pereira, Rutgers University

Assessing Aversive Effects of Intravenous Drugs in Rats

Christopher A. Podlesnik, University of Michigan Medical School

Self-Control Moderates the Impact of Risk and Protective Factors on Adolescent Substance Use

Pallav Pokhrel, University of Hawaii

Adolescent Heavy Drinkers' Heightened Alcohol Cue Reactivity Decreases With Abstinence

Carmen Pulido, University of California, San Diego

Cognitive and Affective Correlates of Distress Tolerance and Smoking Relapse

Kim Pulvers, California State University, San Marcos

Substance Abuse Screening in Mental Health

Loretta L. Ransom, Integrated Substance Abuse Programs

Altered Neural Substrates Activated During a Working Memory Task in Alcohol-Dependent Users

Erin E. Shannon, Wake Forest University School of Medicine

The Effects of Amphetamine Sensitization on Behavioral Responses to Reward Absence

Michael W. Shiflett, Rutgers University

The Mediation Effects of Parent-Child Communication About Alcohol Between Parental Monitoring and Youth Alcohol Use: A Longitudinal Analysis

YoungJu Shin, Pennsylvania State University

Effect of GABA_A Agonist Gaboxadol on Cocaine-Induced Locomotion and Stereotypy

Nora Siegal, SUNY Downstate College of Medicine

(Wo)man vs. Machine: Comparing Methods to Assess Perinatal Drug Use and HIV/STD Risk Behaviors

Courtney Smith, Virginia Commonwealth University

Group Motivational Interviewing (MI) for At-Risk Adolescents: How Do We Know If It's "Really MI?"

Kristen Sullivan, University of California, Santa Barbara

Older and Younger Adults in Alcoholics Anonymous: Differences in Personality, Spirituality, and Religiosity

Hayley M. Tonkovich, Midwestern University

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2010 Travel Awardees

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A Brief Family-Centered Intervention for Child Behavior Problems: Collateral Effects on Parental Alcohol Use

Corrie L. Vilsaint, University of Virginia

Examining Maternal Weight Gain during Contingency Management Treatment for Pregnant Smokers

Yukiko Washio, University of Vermont

Estradiol and Progesterone Alter Cocaine-Induced Responses in DA-PKA Mediated Intracellular Pathway in the Nucleus Accumbens (NAc)

Jan Weiner, Hunter College

Crack/Cocaine Dependence, Borderline Personality Disorder, Gender, and Risky Sexual Behavior

Nicole H. Weiss, Jackson State University

Effects of Methamphetamine on Neuroinflammation and Cognition

Clare Wilhelm, Oregon Health and Science University

Neurocognitive Changes during Abstinence in Adolescent Binge Drinkers: Preliminary Findings

Jennifer L. Winward, University of California, San Diego

Sexual Risk-Taking among Young Adult Dual Alcohol and Marijuana Users

Tyler B. Wray, University of South Dakota Ψ

Join Us in DC for Division 50's 2011 Convention Program

Jennifer Read, Program Co-Chair



Washington Monument (Photo: Public Domain)

The 119th Annual Convention of the American Psychological Association will be held in Washington, DC, from August 4th to 7th. The call for programs is available on the front page of the APA website (www.apa.org) as are links for submitting individual presentation proposals (i.e., poster abstracts) and symposium proposals. Division 50 promotes the advancement of research, professional training, and clinical practice within the broad range of addictive behaviors. It is our goal to offer a conference program that appeals to a range of interests and perspectives in addictive behaviors. In addition, we are planning a thematic focus on applications of addiction research to clinical practice. Program submissions related to any of these topics are encouraged. **All proposals must be submitted online by 11:59 PM, EST, December 1, 2010.** No individual paper presentations

will be accepted. Symposia submitters are encouraged to include early career professionals as co-chairs and to strive for diversity of presenters.

As in previous years, Division 50 will collaborate with Division 28 (Psychopharmacology and Substance Abuse) to offer a balanced program in addictive behaviors and to enhance visibility and attendance for all presentations with relevance to our membership.

We are looking for reviewers! This is a great way to get involved in Division 50. If you are interested and willing to serve as a reviewer of proposals in early December, please e-mail me at JPRead@buffalo.edu and let me know your area of expertise. We are looking forward to receiving your submissions and seeing you in Washington!

Abstracts

Brown, R., Abrantes, A., Read, J., Marcus, B., Jakicic, J., Strong, D., et al. (2010). A pilot study of aerobic exercise as an adjunctive treatment for drug dependence. *Mental Health and Physical Activity*, 3(1), 27-34. doi:10.1016/j.mhpa.2010.03.001

Intervention to increase exercise in drug dependent patients represents a potentially useful yet unexplored strategy for preventing relapse. However, there are currently no established exercise interventions for use with this population. The purpose of this pilot study was to examine the feasibility of aerobic exercise as an adjunct to substance abuse treatment among drug dependent patients. Participants included 16 (31% female, 38.3 years old) drug dependent patients who participated in a 12-week, moderate-intensity aerobic exercise intervention. Participants attended a mean of 8.6 sessions (out of 12). Participants demonstrated a significant increase in percent days abstinent for both alcohol and drugs at the end of treatment, and those who attended at least 75% of the exercise sessions had significantly better substance use outcomes than those who did not. In addition, participants showed a significant increase in their cardiorespiratory fitness by the end of treatment. While preliminary, this study is one of the first to demonstrate the feasibility of incorporating aerobic exercise during drug abuse treatment. Future randomized control trials are a necessary next step to test the efficacy of a moderate-intensity aerobic exercise intervention as an adjunct to drug abuse treatment in this patient population.

Cates, J. A., & Weber, C. (in press). A substance use survey with Old Order Amish early adolescents: Perceptions of peer alcohol and drug use. *Journal of Child and Adolescent Substance Use*.

Students in a junior high school serving

a large Old Order Amish settlement completed a survey of attitudes, opinions, and intentions regarding substance use. A total of 1,031 students participated across a four-year span, approximately equally divided between Amish and non-Amish youth. Amish youth maintain attitudes that suggest perceived greater use of substances by their peers and greater concern about this use; however they also express the intent to use alcohol and tobacco at a higher rate than non-Amish counterparts. The study addresses implications for interventions among Amish youth as they mature and enter an often culturally sanctioned period of alcohol use.

Glasner-Edwards, S., & Rawson, R. (in press). Evidence-based practices in addiction treatment: Review and recommendations for public policy. *Health Policy*.

The movement in recent years towards evidence-based practice (EBP) in health care systems and policy has permeated the substance abuse treatment system, leading to a growing number of federal and statewide initiatives to mandate EBP implementation. Nevertheless, due to a lack of consensus in the addiction field regarding procedures or criteria to identify EBPs, the optimal processes for disseminating empirically based interventions into real-world clinical settings have not been identified. Although working lists of interventions considered to be evidence-based have been developed by a number of constituencies advocating EBP dissemination in addiction treatment settings, the use of EBP lists to form policy-driven mandates has been controversial. This article examines the concept of EBP, critically reviews criteria used to evaluate the evidence basis of interventions, and highlights the manner in which such criteria have been applied in the addictions field. Controversies regarding EBP implementation policies and practices in addiction treatment are described, and

suggestions are made to shift the focus of dissemination efforts from manualized psychosocial interventions to specific skill sets that are broadly applicable and easily learned by clinicians. Organizational and workforce barriers to EBP implementation are delineated, with corresponding recommendations to facilitate successful dissemination of evidence-based skills.

Howland, J., Rohsenow, D. J., Arnedt, J. T., Bliss, C. A., Hunt, S. K., Calise, T. V., et al. (in press). The acute and residual effects of caffeinated vs. non-caffeinated alcoholic beverage on driving performance and attention/reaction time. *Addiction*.

Marketing that promotes mixing caffeinated "energy" drinks with alcoholic beverages (e.g., Red Bull with Vodka), targets young drinkers, and conveys the expectation that caffeine will offset the sedating effects of alcohol and enhance alertness when drinking. Such beliefs could result in unwarranted risk taking (e.g., driving while intoxicated). In order to better inform drinkers and policy makers, we conducted a 2 x 2 between-groups randomized trial to investigate the acute effects of caffeinated vs. non-caffeinated beer on driving performance and sustained attention/reaction time. Non-dependent, heavy episodic, young adult drinkers (age 21-30) were randomized to one of four conditions: beer and non-alcoholic beer, with and without caffeine added. The target breath alcohol level was .12g%. Caffeine was added in the same proportion as found in a commercially available caffeinated beer (.69 mg/12 oz of beer at .43 alc. by vol). Driving performance was assessed with a driving simulator; sustained attention/reaction with the Psychomotor Vigilance Task (PVT). Across the driving and sustained attention/reaction time measures, we found main effects for alcohol, with

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Abstracts

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alcohol significantly impairing driving and sustained attention/reaction time, with mostly large statistical effects; however, the addition of caffeine had no main or interaction effects on performance. We conclude that the public should be informed that the addition of caffeine to alcohol does not enhance driving or sustained attention/reaction time performance relative to alcohol alone.

Pahl, K., Brook, D. W., Morojele, N. K., & Brook, J. S. (2010). Nicotine dependence and problem behaviors among urban South African adolescents. *Journal of Behavioral Medicine*, 33, 101-109.

Tobacco use and its concomitant, nicotine dependence, are increasing in African countries and other parts of the developing world. However, little research has assessed nicotine dependence in South Africa or other parts of the African continent. Previous research has found that adolescent problem behaviors, including tobacco use, tend to cluster. This study examined the relationship between

nicotine dependence and adolescent problem behaviors in an ethnically diverse sample of urban South African adolescents. A community sample ($N = 731$) consisting of "Black," "White," "Coloured," and "Indian" youths aged 12-17 years was drawn from the Johannesburg metropolitan area. Structured interviews were administered by trained interviewers. Nicotine dependence was assessed by the Fagerström Test of Nicotine Dependence. Logistic regression analyses showed that higher levels of nicotine dependence significantly predicted elevated levels of violent behavior, deviant behavior, marijuana and other illegal drug use, binge drinking, early sexual intercourse, multiple sexual partners, and inconsistent condom use, despite control on the adolescents' demographic characteristics, peer smoking, conflict with parents, peer deviance, and the availability of legal and illegal substances. These relationships were robust across ethnicity and gender. The findings indicate the need for policy makers and prevention and intervention programs in South Africa to consider adolescent nicotine dependence in conjunction with comorbid problem behaviors, including other substance use, sexual risk behaviors, and deviant behaviors.

Regan, D., & Morrison, T. G. (in press). Development and validation of a scale measuring attitudes towards non-drinkers. *Substance Use and Misuse*.

The idea that individuals drink alcohol to fit in with their peers has been investigated by many researchers. However, the related concept that consumption of alcohol may serve as a means of avoiding the social costs associated with being a non-drinker has received little attention. Three studies ($Ns = 94, 148, 236$) are outlined which detail the construction and preliminary validation of the Regan Attitudes towards Non-Drinkers Scale (RANDS). Results indicated that scale score reliability for the RANDS was good (as range from .82 to .89) with exploratory and confirmatory factor analyses suggesting that the scale possesses a unidimensional factor structure. Importantly, scores on the RANDS emerge as a stronger predictor of self-reported yearly alcohol consumption and binge-drinking than indicators commonly assessed in alcohol use and abuse research in adolescents and young adults (e.g., peer pressure). Limitations of these studies and directions for future research are outlined. ψ

Announcements

Free First Year Membership for the Society for the Psychological Study of Men and Masculinity

A one year, free membership for 2011 is being offered to new members by Society for the Psychological Study of Men and Masculinity (SPSMM), Division 51 of APA. SPSMM advances knowledge in the psychology of men through research, education, and improved clinical services for men.

Membership Benefits: (1) free subscription to *Psychology of Men and Masculinity* (the official empirical journal of Division 51); (2) participation

in SPSMM listserv where members exchange information and ideas, discuss research and practice, and network with colleagues; and (3) opportunities to network and socialize with over 500 psychologists committed to advancing the psychology of men and gender.

For further information about the free membership application process, go to Division 51's website at www.apa.org/divisions/div51/. For an electronic application go to www.apa.org/divapp or contact Keith Cooke at kcooke@apa.org.

Positions

Assistant or Associate Professor in Human Neuroscience

The University of Kentucky Department of Psychology invites applications for a tenure track position at the assistant or associate level to begin fall 2011. Candidates must be experienced using fMRI. Their interests may be in any existing research program in the department (behavioral neuroscience, clinical, cognitive, developmental, social). Candidates must be willing to collaborate with faculty in the Center for Drug Abuse Research Translation (www.uky.edu/Research/CDART/) doing

research on substance abuse and/or its prevention in developing populations (i.e., children, adolescents and young adults). We seek applicants with a strong research program, potential to attract extramural funding, and commitment to teaching.

Please submit a vita, statements of research and teaching interests, reprints and preprints, and three letters of reference to be sent to: *Human Neuroscience Search Committee, Department of Psychology, 115 Kastle Hall, University of Kentucky, Lexington, KY 40506-0044.*

Application deadline is January 15, 2011.

Postdoctoral Positions Postdoctoral Scholars

One- to two-year NIH/NIDA-funded positions as postdoctoral scholars in drug abuse treatment and services research are available in a multidisciplinary research environment in the Department of Psychiatry, University of California, San Francisco. Scholars work with a preceptor to design and implement studies on the treatment of drug dependence, and select a specific area of focus for independent research. Director and Associate Director Drs. James Sorensen and Sharon Hall and Co-Directors Drs. Steven Batki, Kevin Delucchi, Joseph Gudysh, Carmen Masson, and Constance Weisner are all involved with either the NIDA Clinical Trials Network (CTN) or Treatment Research Center (TRC). Training of psychiatrists, women, and minorities for academic research careers is a priority.

Send CV, research statement, samples of work, and two letters of recommendation to: *Barbara Paschke, 2727 Mariposa St., Suite 100, San Francisco, CA 94110; 415-437-3032; barbara.paschke@ucsf.edu.*

Additional information including faculty research interests is available at ucsftrc.autoupdate.com/post_doctoral_program.vp.html.

Postdoctoral Fellowships at Brown University, Center for Alcohol and Addiction Studies

The Center for Alcohol & Addiction Studies (CAAS) is recruiting for two T32 training programs, funded by NIAAA and NIDA, providing research training on alcohol, tobacco, and other drug use, dependence, early intervention, and treatment. CAAS research includes laboratory studies of alcohol, tobacco and marijuana use; behavioral and pharmacologic intervention; studies of intervention mechanisms (using electronic diaries, cue reactivity, behavioral economics, genetic markers, and fMRI); and alcohol/HIV research. Training includes structured didactic seminars, supervised research experience, and an intensive mentored grant writing process. **Application review begins January 17, 2011**, and continues until positions are filled. Starting dates vary from July 1st to September 1st.

For application and program details see www.caas.brown.edu/Content/training. Applicants must hold a doctoral degree at the time the fellowship begins. The Alpert Medical School of Brown University is an Equal Opportunity/Affirmative Action Employer and actively solicits applications from women and minorities.

Research Institute on Addictions

The University at Buffalo Research Institute on Addictions (RIA) anticipates multiple openings for NIAAA-funded postdoctoral fellows in alcohol etiology and treatment. Fellows develop and pursue research interests under the supervision of faculty preceptors. Seminars on alcohol use disorders, grant writing, professional issues and career development are included. Start dates for summer and fall 2011 are negotiable. Visit the RIA website at www.ria.buffalo.edu. Inquiries can be made to either Gerard J. Connors (connors@ria.buffalo.edu) or R. Lorraine Collins (lcollins@buffalo.edu), Co-Training Directors.

Applicants should forward a vita,

representative reprints, letters of reference, and a cover letter describing research interests and training goals to: *Alcohol Research Postdoctoral Training Committee, G. J. Connors and R. L. Collins, Research Institute on Addictions, 1021 Main Street, Buffalo, NY 14203.* Applications from minority candidates are particularly welcome. Applicants must be citizens or noncitizen nationals of the U.S. or must have been lawfully admitted for permanent residence. AA/EOE

Postdoctoral Opening in Brief Alcohol Interventions Research

The Center for Health and Behavior anticipates a postdoctoral opening under the mentorship of Dr. Kate Carey. This research team investigates psychosocial influences on drinking and other risk behaviors in young adults, including social norms and network variables; current projects include refinement of brief motivational interventions, implementation of screening and brief interventions, and exploration of mediators and moderators of change. The successful candidate will participate in ongoing NIH-funded research, with opportunities for publication and proposal writing. Anticipated start in summer 2011; appointment is for one year with additional years contingent upon funding.

Requirements: PhD in social or behavioral science, strong statistical and writing skills, experience with longitudinal datasets, and ability to work as part of a team.

Apply online at www.sujobopps.com (job number #025779). Applications will be accepted until the position is filled. Syracuse University is an Affirmative Action/Equal Opportunity employer.

Postdoctoral Fellowship in Alcohol Research at the University of Washington

The NIAAA-funded fellowship will provide training for individuals who wish to pursue a career in alcohol research with an emphasis on the etiology and prevention of problem

(Continued on page 20)

Announcements

(Continued from page 19)

drinking and alcohol dependence. For more information please see our website at <https://depts.washington.edu/cshrb/newweb/postdoc.html>.

Hot off the Press!

Naar-King, S., & Suarez, M. (in press). *Motivational interviewing with*

adolescents and young adults. New York: Guilford Press.

Coming in January 2011! This pragmatic guide spells out how to use motivational interviewing (MI) to have productive conversations about behavior change with adolescents and young adults in any clinical context. Filled with vivid examples, sample dialogues, and “dos and don’ts,” the book

shows how conducting MI from a developmentally informed standpoint can help practitioners quickly build rapport with young patients, enhance their motivation to make healthy changes, and overcome ambivalence. Visit www.guilford.com/p/naarking for more details about this title. ♣

Call for Members and Chair for the Committee on Populations and Diversity Issues

The Division 50 Committee on Populations and Diversity Issues (CPDI) is focused on addictions among diverse clinical (e.g., individuals with co-occurring mental health and substance use disorders, individuals with medical comorbidities, war veterans) and demographic populations (e.g., racial/ethnic minorities; LGBT; children and adolescents; elders; religious minorities; individuals with disabilities). Specifically, the CPDI aims to increase the visibility of population-specific public health issues in the practice of research, clinical activities, and policy relevant to psychologists in addictions. This includes attention to competent and responsible assessment, intervention, publication, research practices, and policy. Further, CPDI will assist Division 50 in its pursuit of research and training opportunities that promote development of population-specific competence among its members.

The CPDI committee will assist Division 50 in addressing public health issues as well as issues of recruitment, retention, and professional development in addictions research and practice among culturally diverse members. Objectives will include, but are not limited to: (1) review of policy, educational, and scientific documents relevant to the target clinical and demographic populations; (2) assist in the recruitment and retention of demographically diverse members (e.g., student activities, special projects); (3) encourage demographically diverse members to pursue Division 50 leadership positions; (4) develop initiatives to increase the number of culturally diverse conference presenters, conference presentations, and publications that address addictions and co-occurring disorders as these impact and manifest in diverse clinical and demographic populations; and (5) collaborate with other Division 50 committees to advance our responsiveness to the unique experiences and professional needs among diverse members and the promotion of competent investigation of addiction and diverse clinical populations, including a focus on co-occurring disorders.

The committee is currently looking to recruit members and a Chair. Please contact Nancy A. Piotrowski (napiotrowski@yahoo.com) if this is of interest to you.

Annual Division 50 Call for Fellows Nominations

The Division 50 Fellows and Awards Committee invites nominations of Division members for potential election to Fellow status in the American Psychological Association.

The DEADLINE for receipt of nominations is **December 10, 2010**. The DEADLINE for receipt of application materials (i.e., nominee's materials and endorsers' letters) is **January 7, 2011**.

Late applications will not be considered in the current review cycle. Nominations may be made by any member or Fellow of the Division; self-nominations are acceptable.

Under the Bylaws of the American Psychological Association, Fellowship is an honor bestowed upon members who have made an "unusual and outstanding contribution or performance in the field of psychology." Division 50 wishes to recognize its members who have had a significant impact on the specialty of addictive behaviors within the areas of science, teaching and training, service delivery, administration, policy development, and/or advocacy. Seniority or professional competence alone is insufficient to achieve Fellowship. Fellows' contributions are seen as having enriched or advanced the field of addictive behaviors well beyond that normally expected of a professional psychologist.

In order to be considered for Fellow status, members must meet both APA and Division requirements. APA requirements include: (a) the receipt of a doctoral degree based in part upon a psychological dissertation, or from a program primarily psychological in nature, and conferred by a graduate school of recognized standing; (b) prior membership as an APA member for at least one year and membership in the Division through which the nomination is made; (c) active engagement at the time of nomination in the advancement of psychology in any of its aspects; and (d) five years of acceptable professional experience subsequent to the granting of the doctoral degree. Division 50 additionally requires: (a) current engagement in education and training, practice, or research in addictive behaviors; (b) at least three of the five years of postdoctoral professional experience in addictive behaviors; and (c) membership in the Division for at least one year.

Nominees for Fellow status will be asked to complete the APA's Uniform Fellow Application and related materials, and to solicit evaluations from three or more APA Fellows, at least two of whom must be Fellows in Division 50. Completed applications are reviewed by the Fellowship Committee, which submits its recommendations to the Division's Executive Board; nominations are sent forward to the APA's Membership Committee for final approval. Members of the Fellowship Committee or Executive Board who submit evaluations of a nominee do not vote on that nominee. New Fellows are announced at the Division's annual business meeting during the APA Convention.

Letters of nomination should be sent to the Fellows and Awards Committee at the following address:

Fellows and Awards Committee
c/o Sandra A. Brown, Chair
University of California, San Diego
Department of Psychology & Psychiatry
9500 Gilman Dr., MC0109
La Jolla, CA 92093-0109

For further information, please contact sanbrown@ucsd.edu.

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