



HELPING FAMILIES HELP THEMSELVES

**A Professional Training in the
Invitation to Change Approach**

**MARCH 29-30, 2019
ARLINGTON, VA**

With Dr. Jeffrey Foote & Dr. Kenneth Carpenter
11 CE Credits provided by NASW and NBCC

INVITATION TO CHANGE PROFESSIONAL TRAINING

CMC:Foundation for Change and Encore Recovery Solutions

The Invitation to Change Approach is a skills-oriented, compassionate program developed for parents with loved ones struggling with substance abuse. Drawing on evidence-based principles from Community Reinforcement and Family Training (CRAFT), Motivational Interviewing (MI), and Acceptance and Commitment Therapy (ACT), it emphasizes the idea that parents can take care of themselves and the rest of their family while staying engaged and practicing active strategies to help their struggling child.

Who will benefit from attending:

- Clinicians who work with clients with substance use disorders
- Clinicians looking to facilitate support groups for families who have children struggling with substance issues
- Clinicians who work with families of a person with substance issues
- Clinicians who want to understand this struggle in a new way, and are open to practicing new and uncomfortable approaches

REGISTER AT CMCFFC.ORG/SIGNUP
CALL US AT 212 683 3684 | COST: \$300

LOCATION:
ENCORE RECOVERY
4600 FAIRFAX DRIVE, SUITE 110
ARLINGTON, VA 22203