



## THE CENTER FOR OPTIMAL LIVING

370 LEXINGTON AVENUE, SUITE 500, NEW YORK, NY 10017  
(212) 213-8905 • WWW.CENTERFOROPTIMALLIVING.ORG

### **Part-Time Clinician Position**

[The Center for Optimal Living](#) is seeking to hire a NY State licensed (and ideally cross-licensed in NJ State) clinician with experience working with individuals impacted by substance use, addictive behaviors, and other mental health issues using a harm reduction framework. We view our clinicians as valuable members of our team and provide opportunities for growth and leadership around their areas of expertise. We also offer extensive training and encourage and support continued professional development. This is a part-time fee for service position that may evolve over time into a full-time position.

Building a clinical team that's able to serve our diverse clients is of utmost importance and we strongly encourage BIPOC and members of the LGBTQ+ communities to apply.

### **About the Center**

The Center for Optimal Living (COL) is located in midtown New York City and provides individual, group, couples and family therapy using an integrative harm reduction psychotherapy framework. Our model blends relational psychodynamic treatment with CBT, mindfulness, and DBT principles. COL offers highly personalized treatment for the full spectrum of addictive and risky behaviors, trauma and other mental health issues.

Due to COVID-19, many of our clinical services are being offered via telehealth, but there is growing need for in-office work so candidates need to be available for both.

Evening availability is required and some weekend availability is preferable.

### **About the Position**

#### **Minimum Qualifications**

We are seeking a Psychologist, Licensed Clinical Social Worker (LCSW) or Licensed Mental Health Counselor (LMHC) with experience treating mental health issues, alcohol and drug misuse, and other addictive behaviors. Candidates must have some familiarity with a harm reduction framework.

Candidates must be fully licensed and able to practice independently in New York state and ideally be cross-licensed in New Jersey as well.

#### **Position Requirements**

Clinicians at our Center provide individual therapy, but may also develop and lead groups and see couples and families based on their skills and interests and our needs. Clinicians are responsible for

conducting initial intake assessments and develop personalized treatment plans in collaboration with their clients. Clinicians are also expected to maintain regular contact with other service providers working with their clients to ensure continuity of care. Clinicians participate in weekly group and individual supervision with Drs. Andrew Tatarsky, Jenifer Talley and other senior clinicians along with staff training opportunities.

### **To Apply**

To apply for the position, please email a letter of interest and current vitae to Dr. Jenifer Talley, Assistant Director of the Center at [jtalley@cfol.org](mailto:jtalley@cfol.org). Qualified applicants will be contacted for interviews. We also ask that all candidates be prepared to provide 3 references to contact. Please indicate availability for weekend and evening clinical work.

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*The Center for Optimal Living is committed to the principles of diversity, inclusion, and to equal opportunity policies and practices. As an Equal Opportunity Employer, all qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability, gender identity, sexual orientation or protected veteran status.*