

**The New School For Social Research**  
*Advanced Issues in Substance Abuse Counseling*  
Course 6112, Spring 2025, v.2

**Course Description & Objectives:**

This is a required course for individuals working towards a master's degree with a Concentration in Mental Health and Substance Abuse Counseling and is open to other psychology graduate students. This course emphasizes and builds upon the concepts and techniques covered in the Introduction to Substance Abuse Counseling course with a focus on clinical practice and techniques. A combination of lectures, role plays, case examples, student presentations, and class discussions will be utilized, so please **come prepared** to discuss the assigned readings and provide feedback to your classmates.

*Course Objectives:*

- Integrate theoretical knowledge with application of current counseling techniques to address problematic substance use within a harm reduction framework.
- Understand the change process and how to tailor interventions to facilitate change in individuals with substance use disorders and other behavioral addictions.
- Develop an awareness of a range of evidence-based substance use and integrative treatments.
- Understand how to evaluate treatment efficacy.
- Identify effective strategies in the development of a therapeutic alliance and track interpersonal process issues that arise during treatment.
- Understand the impact of sociocultural factors in the therapeutic process and develop skills to work with diverse clinical populations.
- Develop and refine motivational interviewing along with cognitive-behavioral and mindfulness-based relapse prevention skills.
- Demonstrate knowledge of group therapy principles and how to facilitate group therapy sessions.

**Course Texts & Additional Readings:** *(Most, if not all, readings will be available on e-reserve or online and/or are posted on Canvas)*

**Required**

- Bowen, S., Chawla, N., & Marlatt, G.A. (2010). *Mindfulness-Based Relapse Prevention for Addictive Behaviors: A Clinician's Guide*. New York: The Guilford Press.
- Denning, P. & Little, J. (2012). *Practicing Harm Reduction Psychotherapy: An Alternative Approach to Addictions (2nd Ed.)*. New York: The Guilford Press.
- Hien, D. & Litt, L. (2024). *Treating Traumatic Stress and Substance Misuse: A Guide to Integrative Practice*. New York: The Guilford Press.
- Miller, W. & Rollnick, S. (2023). *Motivational Interviewing: Helping People to Change and Grow (4th Edition)*. New York: The Guilford Press.
- Tatarsky, A. (2007). *Harm Reduction Psychotherapy: A New Treatment for Drug and Alcohol Problems*. New York: Aronson.
- Washton, A.M. & Zweben, J.E. (2022). *Treating Alcohol & Drug Problems in Psychotherapy Practice: Doing What Works*. 2nd Edition. New York: Guilford Press.

*Additional readings will be posted on Canvas or distributed in class.*

### Strongly Recommended

- American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders* (5th ed., text rev.). Washington, D.C.: American Psychiatric Publishing.  
<https://doi.org/10.1176/appi.books.9780890425787>  
<https://psychiatryonline-org.libproxy.newschool.edu/doi/book/10.1176/appi.books.9780890425596>
- American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7<sup>th</sup> Edition). Washington, DC: American Psychological Association.

### Recommended

- Denning, P. & Little, J. (2017). *Over the Influence: The Harm Reduction Guide for Managing Drugs and Alcohol* (2<sup>nd</sup> Ed.). New York: Guilford Press.
- Hien, D., Litt, L.C., Cohen, L.R., Miele, G.M., & Campbell, A. (2009). *Trauma Services for Women in Substance Abuse Treatment: An Integrated Approach*. Washington, D.C.: American Psychological Association
- Marlatt, G.A., Larimer, M.E., & Witkiewitz, K. (2012). *Harm Reduction: Pragmatic Strategies for Managing High Risk Behaviors* (2<sup>nd</sup> Ed.). New York: Guilford Press.
- Mueser, K.T., Noordsy, D.L., Drake, R.E., & Fox, L. (2003). *Integrated Treatment for Dual Disorders: A Guide to Effective Practice*. New York: Guilford Press.
- Najavits, L. (2001). *Seeking Safety: A Treatment Manual for PTSD & Substance Use*. New York: The Guilford Press.
- Rotgers, F., Kern, M.F., & Hoeltzel, R. (2002). *Responsible Drinking: A Moderation Management Approach for Problem Drinkers*. Oakland, CA: New Harbinger.
- Smith, J.E. & Meyers, R.J. (2004). *Motivating Substance Abusers to Enter Treatment: Working with Family Members*. New York: The Guilford Press.
- Van der Kolk (2014). *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*. New York: Penguin Books.

### Course Requirements and Grading:

Your final grade will be based on the total percentage of points earned throughout the course.

Assignment 1: Professional Boundaries and Reporting Requirements Online	5 points
Assignment 2: Child Abuse Reporting Online	5 points
Assignment 3: Monitoring for Suicide Risk in Treatment Settings Online	5 points
Assignment 4: Harm Reduction is Part of the Treatment Continuum Online	5 points
Assignment 5: Motivational Interviewing Practice	80 points
Assignment 6: Treatment Plan Narrative	100 points

Reflection Papers: 1 page each (5)	50 points
Final Exam In Class	100 points
Class Participation	50 points
<b>Total Possible</b>	<b>400 points</b>

**Assignments.** Each assignment is designed to help you integrate the materials discussed in class in an applied way. We will also discuss these assignments in more detail during class and additional information will be posted on Canvas. You will upload assignments to Canvas by the designated date and time.

- **Assignment 1: (5 points) Professional Boundaries and Reporting Requirements:** You are required to complete this free, 1-hour online training. It is a requirement in order to obtain a CASAC. You will need to upload your certificate of completion to Canvas by the due date. Information will be posted on Canvas.
- **Assignment 2: (5 points) Child Abuse Reporter Training:** You are required to complete a free, 2-hour online training in child abuse reporting. It is a requirement in order to obtain a CASAC and can be noted in your CV. You will need to upload your certificate of completion to Canvas by the due date. Information will be posted on Canvas.
- **Assignment 3: (5 points) Monitoring for Suicide Risk in Treatment Settings:** You are required to complete this free, online training. It is a requirement in order to obtain a CASAC. You will need to upload your certificate of completion to Canvas by the due date. Information will be posted on Canvas.
- **Assignment 4: (5 points) Harm Reduction is Part of the Treatment Continuum:** You are required to complete this free, online training. It is a requirement in order to obtain a CASAC. You will need to upload your certificate of completion to Canvas by the due date. Information will be posted on Canvas.
- **Assignment 5: (80 points) Motivational Interview Practice:** With a partner who will be assigned, you will practice using MI, taking turns as clinician and mock clients. As clinicians, you will work with your clients to discuss changing a behavior or habit that they have identified. Part 1 (3 -4 pp): You will write up a brief description of your experience as a clinician. Briefly describe the identified problem and your attempts to use **MI opening strategies, preparatory change talk and mobilizing change talk** with the client. *Include some of the dialogue* that demonstrates these efforts. Comment on what that was like for you. Part 2 (1 p.): Briefly comment on what it was like to be the client. Upload to Canvas.
- **Assignment 6: (100 points) Treatment Plan Narrative:** This paper offers an opportunity to pull together many of the treatment approaches we have discussed this semester. Using your mock client from your psychosocial assessment, you will now create a treatment plan narrative. Based on what you have learned this year, *what kinds of treatment options would you recommend for this client and why?* A treatment plan in a clinical setting will be very brief and straightforward, but in

this paper you will explain your *rationale* for your treatment suggestions. This might include a discussion of the appropriate level of care, which you considered last semester as well, and what types of individual, group and pharmacotherapy options you would consider for the client. You could also include what might *not* be helpful or could be contraindicated *and why*. This is a formal clinical writing exercise. Use APA Style for guidance, 6-8 double-spaced pages. Upload to Canvas.

- **Short Reflections (50 points):** You will write a series of five **1-page** reflections based on selected articles and chapters. Each assignment is worth 10 points, for a total of 50 points this term. The papers should **briefly describe some of the key theoretical points in the identified readings** along with your **commentary**, particularly your reactions to the cases. For example, what strengths or critiques might you have about the techniques described in the readings? What concerns or other reactions do you have? This is an informal assignment; you do not have to write in APA style and may use the 1st person. Be prepared to discuss your ideas in class. Upload to Canvas.
- **Final Exam in Class: (100 points):** This exam will primarily be short essay responses about clinical issues and treatments covered this semester. Exam questions will come from the lectures, class discussions and readings. Again, it is critical that you come to each class as there will be material on the exam that is not in the readings..

*Tentative Course Schedule*

<b>Date</b>	01/22
<b>Topic</b>	<ul style="list-style-type: none"> <li>● <b>Ethics and Privacy</b></li> <li>● <b>OASAS Regulations</b></li> </ul>
<b>Reading</b>	<p>American Psychological Association. (2018). <i>Ethical principles of psychologists and code of conduct</i>. Retrieved from: <a href="http://www.apa.org/ethics/code/index.aspx">http://www.apa.org/ethics/code/index.aspx</a></p> <p>Office of Alcoholism and Substance Abuse Services. (n.d.). <i>Credentialed Alcoholism and Substance Abuse Counselor (CASAC) Canon of Ethical Principles</i>. Retrieved from: <a href="https://oasas.ny.gov/system/files/documents/2023/09/casac-canon.pdf">https://oasas.ny.gov/system/files/documents/2023/09/casac-canon.pdf</a></p> <p>Association for Addiction Professionals. NAADAC/NCC AP <i>Code of Ethics</i> (2021). Alexandria, VA: NAADAC. Retrieved from: <a href="https://www.naadac.org/assets/2416/naadac_code_of_ethics_112021.pdf">https://www.naadac.org/assets/2416/naadac_code_of_ethics_112021.pdf</a></p> <p>42 CFR (Code of Federal Regulations) Part 2 -- <i>Confidentiality of Substance Use Disorder Patient Records</i>  <a href="https://www.ecfr.gov/current/title-42/chapter-I/subchapter-A/part-2">https://www.ecfr.gov/current/title-42/chapter-I/subchapter-A/part-2</a></p> <ul style="list-style-type: none"> <li>● SAMHSA Fact Sheets on the Substance Abuse Confidentiality Regulations: <a href="https://www.samhsa.gov/about-us/who-we-are/laws-regulations/confidentiality-r-regulations-faqs">https://www.samhsa.gov/about-us/who-we-are/laws-regulations/confidentiality-r-regulations-faqs</a></li> </ul> <p>Office of Alcoholism and Substance Abuse Services. (n. d.). <i>HIPAA privacy rules for the protection of health and mental health information</i>. Retrieved from: <a href="https://omh.ny.gov/omhweb/hipaa/phi_protection.html">https://omh.ny.gov/omhweb/hipaa/phi_protection.html</a></p> <p>Office of Alcoholism and Substance Abuse Services. (n.d.). <i>Local Services Bulletin No. 2012-01: Requirements Under the Federal Substance Abuse Prevention and Treatment (SAPT) Block Grant</i>.</p> <ul style="list-style-type: none"> <li>● Based on Department of Health and Human Services 45 CFR Part 96 Subpart L Block Grants: Retrieved from: <a href="https://www.govinfo.gov/content/pkg/CFR-2005-title45-vol1/pdf/CFR-2005-title45-vol1-part96.pdf">https://www.govinfo.gov/content/pkg/CFR-2005-title45-vol1/pdf/CFR-2005-title45-vol1-part96.pdf</a></li> </ul> <p>Office of Alcoholism and Substance Abuse Services. (n. d.). <i>Part 823: Child and Family Treatment and Support Services</i>.</p> <ul style="list-style-type: none"> <li>● <a href="https://oasas.ny.gov/child-and-family-treatment-and-support-services-part-823">https://oasas.ny.gov/child-and-family-treatment-and-support-services-part-823</a></li> </ul> <p>Office of Alcoholism and Substance Abuse Services. (n.d.). <i>Part 824: Specialized services</i>. Retrieved from: <a href="https://regulations.justia.com/states/new-york/title-14/chapter-xxi/part-824/">https://regulations.justia.com/states/new-york/title-14/chapter-xxi/part-824/</a></p>
<b>Assignment:</b>	<b>Assignment 1 Due: Professional Boundaries and Reporting Requirements.</b> To complete the online course, visit

	<a href="https://oasas.ny.gov/learning-thursday-professional-boundaries-and-reporting-requirements">https://oasas.ny.gov/learning-thursday-professional-boundaries-and-reporting-requirements</a> . Complete the training, take the test, and upload your certificate on Canvas.
<b>Date</b>	01/29
<b>Topic</b>	<b>Crisis Management, Suicide Risk Assessment, Child Abuse Reporting</b>
<b>Reading</b>	<p>Posner, K., Brent, D., Lucas, C., Gould, M., Stanley, B., Brown, G., Fisher, P., Zelazny, J., Burke, A., Oquendo, M., &amp; Mann, J. (2009). <a href="http://cssrs.columbia.edu">Columbia-suicide severity rating scale (C-SSRS)</a>. Retrieved from <a href="http://cssrs.columbia.edu">http://cssrs.columbia.edu</a>.</p> <p>Recommended:</p> <p>Center for Substance Abuse Treatment. <a href="#">Addressing suicidal thoughts and behaviors in substance abuse treatment</a>. Treatment Improvement Protocol (TIP) Series 50. HHS Publication No. (SMA) 09-4381. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2009.</p>
<b>Assignment</b>	<p><b>Assignment 2 Due: Child Abuse Reporter Training.</b> To complete the online course, visit <a href="https://www.nysmandatedreporter.org/TrainingCourses.aspx">https://www.nysmandatedreporter.org/TrainingCourses.aspx</a></p> <p><b>Assignment 3 Due: Monitoring for Suicide Risk in Treatment Settings.</b> To complete the online course, visit <a href="https://oasas.ny.gov/learning-thursdays-monitoring-suicide-risk-treatment-settings">https://oasas.ny.gov/learning-thursdays-monitoring-suicide-risk-treatment-settings</a></p> <p>Complete the trainings, take the test, and upload your certificates on Canvas.</p>
<b>Date</b>	02/05
<b>Topic</b>	<b>Psychodynamic Models of Substance Abuse Treatment</b>
<b>Readings</b>	<p>Rothschild, D. (2007) Bringing the Pieces Together: Relational Psychoanalysis and Harm Reduction Therapy in Treatment with Substance Abusers, <i>Psychoanalytic Perspectives</i>, 5 (1), pp. 69-94, DOI: 10.1080/1551806X.2007.10473013</p> <p>Tatarsky, A. (2002). <i>Harm reduction psychotherapy</i>. New York: Aronson.</p> <ul style="list-style-type: none"> <li>● Chapter 1 (Harm Reduction Psychotherapy)</li> <li>● Chapter 2 (The Psychoanalytic Contribution)</li> </ul> <p>Recommended:</p> <p>Denning, P &amp; Little, J. (2012). <i>Practicing harm reduction psychotherapy: An alternative approach to addictions (2<sup>nd</sup> Ed.)</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>● Chapter 6 (The Psychodynamic Matrix)</li> </ul>

	Wurmser, L. (1994). Psychodynamics in compulsive drug use. In J.D. Levin & R.H. Weiss (Eds.). <i>The dynamics and treatment of alcoholism: Essential papers</i> . pp. 176-206, Northvale, New Jersey: Jason Aaronson, Inc.
<b>Assignment</b>	<b>Reaction Paper 1 Due: Tatarsky Chapters 1 &amp; 2</b>
<b>Date</b>	02/12
<b>Topic</b>	<b>Integrative Harm Reduction Psychotherapy &amp; Therapeutic Tasks</b>
<b>Reading</b>	<p>Tatarsky, A. (2002). <i>Harm reduction psychotherapy</i>. New York: Aronson.</p> <ul style="list-style-type: none"> <li>• Chapter 4 (Trust and Relationships as Cornerstones of Successful Psychotherapy)</li> <li>• Chapter 6 (Drug Use as an Attempt to Cope)</li> </ul> <p>Recommended:</p> <p>Tatarsky, A. (2003). Harm reduction psychotherapy: extending the reach of traditional substance use treatment. <i>Journal of Substance Abuse Treatment</i>, 25 (4). 249-56. doi: 10.1016/S0740-5472(03)00085-0</p>
<b>Assignment</b>	<p><b>Reaction Paper 2 Due: Tatarsky Chapters 4 &amp; 6</b></p> <p><b>Assignment 4 Due: Harm Reduction is Part of the Treatment Continuum.</b> To complete the online course, visit:  <a href="https://oasas.ny.gov/training/harm-reduction-treatment-continuum">https://oasas.ny.gov/training/harm-reduction-treatment-continuum</a>  Complete the training, take the test, and upload your certificate on Canvas.</p>

<b>Date</b>	02/19
<b>Topic</b>	<b>Motivational Interviewing Review</b>
<b>Reading</b>	<p>Miller, W. &amp; Rollnick, S. (2023). <i>Motivational Interviewing: Helping People to Change and Grow (4th Edition)</i>. New York: The Guilford Press.</p> <ul style="list-style-type: none"> <li>• Part II: Practicing Motivational Interviewing</li> </ul>
<b>Assignment</b>	<p>Please review the Bill Miller interview on The Addiction Psychologist, Dec. 21, 2023  <a href="https://podcasters.spotify.com/pod/show/addiction-psychologist/episodes/Dr--Bill-Miller---Motivational-Interviewing-e2dh5od">https://podcasters.spotify.com/pod/show/addiction-psychologist/episodes/Dr--Bill-Miller---Motivational-Interviewing-e2dh5od</a></p>
<b>Date</b>	02/26
<b>Topic</b>	<b>Motivational Interviewing Eliciting Change Talk</b>

<b>Reading</b>	<p>Miller, W. &amp; Rollnick, S. (2023). <i>Motivational Interviewing: Helping People to Change and Grow (4th Edition)</i>. New York: The Guilford Press.</p> <ul style="list-style-type: none"> <li>• Part III: A Deeper Dive Into Motivational Interviewing</li> </ul>
<b>Assignment</b>	<b>After this class, begin your MI practice with your partner. Pairs will be posted on Canvas.</b>
<b>Date</b>	03/05
<b>Topic</b>	<b>Cognitive Behavioral Therapy (CBT) Approaches and Moderation Skills</b>
<b>Reading</b>	<p>Beck, J. S. (2011). <i>Cognitive behavior therapy: Basics and beyond (2nd ed.)</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>• Chapter 1 (Introduction to Cognitive Behavior Therapy)</li> </ul> <p>Rotgers, F., Kern, M. F., &amp; Hoeltzel, R. (2002). <i>Responsible drinking: A Moderation Management approach for problem drinkers</i>. Oakland, CA: New Harbinger.</p> <ul style="list-style-type: none"> <li>• Chapter 6 (General Drinking Control Skills)</li> </ul> <p>Tatarsky, A. (2002). <i>Harm reduction psychotherapy</i>. New York: Aronson.</p> <ul style="list-style-type: none"> <li>• Chapter 3 (The Value of Cognitive-Behavioral Strategies)</li> </ul> <p>Recommended:</p> <p>Beck, J. S. (2011). <i>Cognitive behavior therapy: Basics and beyond (2nd ed.)</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>• Chapter 2 (Overview of Treatment)</li> <li>• Chapter 3 (Cognitive Conceptualization)</li> </ul> <p>Denning, P &amp; Little, J. (2012). <i>Practicing harm reduction psychotherapy: An alternative approach to addictions (2<sup>nd</sup> Ed.)</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>• Chapter 7 (Motivational and Cognitive-Behavioral Contributions to Harm Reduction Psychotherapy)</li> </ul> <p>Denning, P. &amp; Little, J. (2017). <i>Over the influence: The harm reduction guide for managing drugs and alcohol (2<sup>nd</sup> Ed.)</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>• Chapter 3 (When is Drug Use Harmful?)</li> <li>• Chapter 5 (How Do I Know If I Am in Trouble?)</li> <li>• Chapter 7 (You Don't Have to Quit to Change)</li> <li>• Chapter 8 (Substance Use Management)</li> <li>• Chapter 9 (Taking Care of Yourself While Still Using)</li> </ul>
<b>Assignment</b>	<b>Reaction Paper 3 Due: Tatarsky Chapter 3</b>
	<b>Friday, March 7: Assignment 5 Due @ 5pm: MI Practice</b>



<b>Date</b>	03/12 <b>NO CLASS, SPRING BREAK</b>
<b>Date</b>	03/19
<b>Topic</b>	<b>Relapse Prevention Therapy (RPT)</b>
<b>Reading</b>	<p>Carroll, K. M. (1998). <i>A cognitive-behavioral approach: Treating cocaine addiction</i>. National Institute on Drug Abuse. Rockville, MD: NIH Publication. Retrieved from: <a href="https://archives.drugabuse.gov/sites/default/files/cbt.pdf">https://archives.drugabuse.gov/sites/default/files/cbt.pdf</a></p> <p>Larimer, M.E., Palmer, R.S., &amp; Marlatt, G. A. (1999) Relapse prevention: An overview of Marlatt's cognitive-behavioral model. <i>Alcohol Research and Health</i>, 23 (2), 151-60. Retrieved from: <a href="https://pubs.niaaa.nih.gov/publications/arh23-2/151-160.pdf">https://pubs.niaaa.nih.gov/publications/arh23-2/151-160.pdf</a></p>
<b>Assignment</b>	
<b>Date</b>	03/26
<b>Topic</b>	<b>Integrated Treatment of Posttraumatic Stress Disorder and SUDs</b>
<b>Reading</b>	<p>Hien, D. &amp; Litt, L. (2024). <i>Treating Traumatic Stress and Substance Misuse: A Guide to Integrative Practice</i>. New York: The Guilford Press.</p> <ul style="list-style-type: none"> <li>● Chapter 1: Illustrative Cases</li> <li>● Chapter 2: The Need for Integrative Care</li> </ul> <p>Recommended:</p> <p>Litt, L. C. (2013). Clinical decision making in treatment of complex PTSD and substance misuse. <i>Journal of Clinical Psychology: In Session</i>, 69(5), 534-542. doi: 10.1002/jclp.21989</p> <p>Vujanovic, A., &amp; Back, S. (2019). PTSD and Substance Use Disorders (pp. 3-10). In A. Vujanovic &amp; S. Back (Eds.) <i>Posttraumatic Stress and Substance Use Disorders: A Comprehensive Clinical Handbook</i>. New York: Routledge Press.</p>
<b>Date</b>	04/02
<b>Topic</b>	<b>Integrated Treatment of Posttraumatic Stress Disorder and SUDs</b>
<b>Reading</b>	<p>Hien, D. &amp; Litt, L. (2024). <i>Treating Traumatic Stress and Substance Misuse: A Guide to Integrative Practice</i>. New York: The Guilford Press.</p> <ul style="list-style-type: none"> <li>● Chapter 4: Therapeutic Decisions, Finding What Works</li> <li>● Chapter 5: The Treatment Landscape, Part I</li> <li>● Chapter 6: The Treatment Landscape, Part II</li> </ul>

	<p>Najavits, L. (2002). <i>Seeking safety: A treatment manual for PTSD &amp; Substance use</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>● Ch. 1: Overview</li> <li>● Ch. 2: Conducting the Treatment</li> <li>● What is PTSD</li> <li>● Safety</li> <li>● Grounding</li> <li>● When Substances Control You</li> </ul> <p>Recommended:</p> <p>Back, S., Killeen, &amp; Brady, K. (2019). COPE: Overview of an Exposure-Based Treatment of PTSD and Substance Use Disorders (pp. 208-219). In A. Vujanovic &amp; S. Back (Eds.) <i>Posttraumatic Stress and Substance Use Disorders: A Comprehensive Clinical Handbook</i>. New York: Routledge Press.</p> <p>Hien, D., Litt, L. C., Cohen, L. R., Miele, G. M., &amp; Campbell, A. (2009). <i>Trauma services for women in substance abuse treatment: An integrated approach</i>. Washington, D. C.: American Psychological Association.</p> <ul style="list-style-type: none"> <li>● Chapter 9: Special Considerations in Approaching Trauma Work.</li> <li>● Chapter 10: Ethnocultural Considerations in Treatment of Trauma.</li> </ul> <p>Litt, L., Cohen, L.R. &amp; Hien, DA. (2019). Seeking Safety: A present-focused integrated treatment for PTSD and SUD (pp. 183-207). In A. Vujanovic &amp; S. Back (Eds.) <i>Posttraumatic Stress and Substance Use Disorders: A Comprehensive Clinical Handbook</i>. New York: Routledge Press.</p> <p>Van der Kolk (2014). <i>The body keeps the score: Brain, mind, and body in the healing of trauma</i>. New York: Penguin Books.</p> <ul style="list-style-type: none"> <li>● Chapter 13: Healing from Trauma: Owing Yourself.</li> </ul>
<b>Assignment</b>	<b>Reaction Paper 4 Due: Seeking Safety Chapters</b>
<b>Date</b>	04/09
<b>Topic</b>	<b>Mindfulness and MBRP</b> <b>Guest Speaker Dr. Jenifer Talley</b>
<b>Reading</b>	<p>Talley, J. (2017). Beginning with the symptom: Incorporating mindfulness in the treatment of substance misuse. In Northcut, T. B. (Ed.), <i>Cultivating mindfulness in clinical social work: Narratives from practice</i>. (pp. 147-172). New York: Springer.</p> <p>Read selections from:</p> <p>Bowen, S., Chawla, N., &amp; Marlatt, G. A. (2019). <i>Mindfulness-Based relapse prevention for addictive behaviors: A clinician's guide</i>. (pp. 5-110). New York: The Guilford Press.</p>

<b>Assignment:</b>	<b>Reaction Paper 5 Due: MBRP and Mindfulness</b>

<b>Date</b>	04/16
<b>Topic</b>	<ul style="list-style-type: none"> <li>● <b>Integrated Treatment of Other Co-Occurring Disorders and SUDs: DBT</b></li> <li>● <b>Treatment Planning and Case Formulation</b></li> </ul>
<b>Reading</b>	<p>Dimeff, L. A., &amp; Linehan, M. M. (2008). Dialectical behavior therapy for substance abusers. <i>Addiction Science and Clinical Practice</i>, 4 (2), 39-47. Retrieved from: <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2797106/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2797106/</a></p> <p>Rosenthal, M. Z., Lynch, T. R., &amp; Linehan, M. M. (2005). Dialectical behavioral therapy for individuals with borderline personality disorder and substance use disorders. In Frances, R., Miller, S., &amp; Mack, A., (Eds.) <i>Clinical textbook of addictive disorders</i> (pp. 615-636). New York: Guilford Press.</p> <hr/> <p>Jongsma, A. E., Peterson, L. M., &amp; Bruce, T. J. (2021). <i>The complete adult psychotherapy treatment planner</i>. (6th Edition). John Wiley &amp; Sons, Inc</p> <ul style="list-style-type: none"> <li>● Introduction.</li> </ul> <p>Johnson, D. W. &amp; Johnson, S.J. (2003) <i>Real World Treatment Planning</i>. Pacific Grove, CA: Brooks/Cole.</p> <ul style="list-style-type: none"> <li>● Chapters 1-3 and 7-11</li> </ul> <p>Washton, A.M. &amp; Zweben, J.E. (2022). <i>Treating Alcohol &amp; Drug Problems in Psychotherapy Practice: Doing What Works</i>. 2nd Edition. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>● Chapter 9 (Treatment Planning: Meeting Patients Where They Are</li> </ul> <p>Recommended:</p> <p>Denning, P &amp; Little, J. (2012). <i>Practicing harm reduction psychotherapy: An alternative approach to addictions</i> (2nd Edition). New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>● Chapter 4 (Developing a Treatment Plan)</li> </ul> <p>Mueser, K. T., Noordsy, D. L., Drake, R. E., &amp; Fox, L. (2003). <i>Integrated treatment for dual disorders: A guide to effective practice</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>● Chapter 4 (Assessment I: Detection, Classification, and Functional Assessment)</li> <li>● Chapter 5 (Assessment II: Functional Analysis and Treatment Planning)</li> </ul>
<b>Date</b>	04/23
<b>Topic</b>	<b>Group Interventions</b>

<p><b>Reading</b></p>	<p>Denning, P &amp; Little, J. (2012). <i>Practicing harm reduction psychotherapy: An alternative approach to addictions (2<sup>nd</sup> Ed.)</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>• Chapter 10: Harm Reduction Psychotherapy in Groups.</li> </ul> <p>Najavits, L. (2002). <i>Seeking safety: A treatment manual for PTSD &amp; Substance use</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>• Asking for Help</li> </ul> <p>Washton, A. M. &amp; Zweben, J. E (2006). <i>Treating alcohol &amp; drug problems in psychotherapy practice: Doing what works</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>• Chapter 12: Group Therapy</li> </ul> <p>Yalom, I. D. (1995). <i>The theory and practice of group psychotherapy (4th ed.)</i>. New York: Basic Books.</p> <ul style="list-style-type: none"> <li>• Chapter 5: The Therapist: Basic Tasks</li> </ul> <p>Recommended:</p> <p>Agazarian, Y. (1992). Contemporary theories of group psychotherapy: A systems approach to the group-as-a-whole. <i>International Journal of Group Psychotherapy</i>, 42 (2), 177-203.</p> <p>Yalom, I. D. (1995). <i>The theory and practice of group psychotherapy (4th ed.)</i>. New York: Basic Books.</p> <ul style="list-style-type: none"> <li>• Chapter 7: Transference in Groups</li> </ul>
<p><b>Assignment</b></p>	<p><b>Friday, April 25 @ 5pm: Assignment 6 Due: Treatment Plan Narratives</b></p>
<p><b>Date</b></p>	<p>04/30</p>
<p><b>Topic</b></p>	<ul style="list-style-type: none"> <li>• <b>Adolescents/Emerging Adults &amp; Family Interventions</b></li> <li>• <b>Recovery Issues, Health Advocacy and Counselor Development</b></li> </ul>
<p><b>Reading</b></p>	<p>Castellanos-Ryan, N., O’Leary-Barrett, M., &amp; Conrod, P. J. (2013). Substance-use in childhood and adolescence: A brief overview of developmental processes and their clinical implications. <i>Journal of the Canadian Academy of Child and Adolescent Psychiatry</i>, 22(1), 41–46. Retrieved from: <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3565714/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3565714/</a></p> <p>Denning, P &amp; Little, J. (2012). <i>Practicing harm reduction psychotherapy: An alternative approach to addictions (2<sup>nd</sup> Ed.)</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>• Chapter 11: The Power of Connection. Working with Families and Friends of Drug Users</li> </ul> <p>Smith, J. E., &amp; Meyers, R. J. (2004). <i>Motivating substance abusers to enter treatment: Working with family members</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>• Description of CRAFT (Community Reinforcement and Family Training).</li> </ul>

	<ul style="list-style-type: none"> <li>• Improving Communication Skills of CSOs</li> </ul> <p>OASAS Risk and Protection Framework SAMHSA Strategic Prevention Framework</p> <hr/> <p>Mueser, K. T., Noordsy, D. L., Drake, R. E., &amp; Fox, L. (2003). <i>Integrated treatment for dual disorders: A guide to effective practice</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>• Chapter 18: Vocational Rehabilitation</li> <li>• Chapter 19: Psychopharmacology</li> </ul> <hr/> <p>Recommended:</p> <p>Kelly, A. (2012). Adolescent Alcohol-Related Harm Reduction. In G.A. Marlatt, M.E. Larimer, &amp; K. Witkiewitz (Eds.) <i>Harm Reduction: Pragmatic Strategies for Managing High Risk Behaviors (2nd Ed.)</i>. New York: Guilford Press.</p> <p>Denning, P. &amp; Little, J. (2017). <i>Over the influence: The harm reduction guide for managing drugs and alcohol (2nd Ed.)</i>. New York: Guilford Press.</p> <ul style="list-style-type: none"> <li>• Chapter 12: A Letter to Family and Friends of People Who Use Drugs</li> </ul> <p>Conrod, P. J., &amp; Nikolaou, K. (2016). Annual research review: On the developmental neuropsychology of substance use disorders. <i>Journal of Child Psychology and Psychiatry</i>, 57(3), 371-394.</p>
<b>Date</b>	05/02 Friday 11:00am to 1:00pm
	<ul style="list-style-type: none"> <li>• <b>TA Exam Review Session, via Zoom</b></li> </ul>
<b>Date</b>	05/07
<b>Assignment</b>	<b>Final Exam, in Class</b>